



LICHFIELD ADVANCED MOTORISTS

Associates: This document details the 10 stage elements of your course.

Practice the appropriate elements every time you drive your car!

(Form version 1.4 date:15.06.19)

Associate		Date form issued	
Run No	Date + Times Observer	Competencies to be covered this session	Your "Homework" before your next drive.
1		Your Observer will check: 1. Your Document Declaration Form 2. Perform an Eyesight Test. Your First Drive of about 20 mins is to settle you in. You will be introduced to IPSSGA and may be asked to mention Road Signs & Markings from the Highway Code (HC).	Read up IPSSGA in Associates Advanced Driver Course (ADC) Logbook. Read up Competencies 1. Human Factors and 2. Core Driving Skills in your ADC logbook. Also read Spoken Thoughts section.
2		Verbally Review IPSSGA and cover 1. Human Factors 2. Core Driving Skills 3. Introduce Spoken Thoughts. You will probably receive a demo drive.	Practice today's Competencies and read Competencies 3. Bends & Cornering and 4. Roundabouts & Junctions in ADC Logbook. Practice Spoken Thoughts.
3		Verbally and practically review previous drives + Highway Code. Use spoken thoughts in more detail. 1. Bends and Cornering 2. Roundabouts and junctions	Practice ALL competencies covered to date. Read Competencies 5. Overtaking and 6. Motorways / Dual Carriageways in ADC Logbook. Practice Spoken Thoughts.
Theory Date		YOU MUST NOW BOOK AND ATTEND THE THEORY SESSION, IF NOT PREVIOUSLY DONE, BEFORE MOVING ON TO RUN 4. Email pat@lamm.org.uk to book.	
4		Verbally and practically review previous drives. 1. Overtaking 2. Motorways / Dual Carriageways.	Practice All Competencies covered to date. Read Competency 7. Manoeuvring and polish Spoken Thoughts.
5		Verbally and practically review previous drives + HC 1. Manoeuvring 2. Target any general problem areas.	You have now covered all competencies in your ADC book. Now read everything from cover to cover in your ADC book and Practice ALL Competencies.
6		1. Observer will ask you to do a 20 to 30 minute drive assessment today to assess your progress. 2. A general observed drive of All sections will then follow. Associate to use spoken thoughts at some stage.	Practice ALL Competencies. Remember, you need to know everything from cover to cover in your ADC Logbook. Examiners & Assessors can ask you about anything that is in there.
7		General drive working on any weak points + Highway Code.	Practice ALL Competencies.
8		As Above.	Practice ALL Competencies.
PRE TEST DONE BY.... DATE...		Pre-Test Check. Observer will use examiners test form today to check your current progress to see if you are test ready and if not why not.	To practice any weak point picked up in pre-test.

9		Polish drive	. Practice any weak points
10		As Above	If not test ready then committee approval required for further drive

Lichfield Advanced Motorists / G. Ottewell & G. Russell / New ADC course / june2019 / Associates Copy