

## *Scunthorpe & Grimsby Advanced Motorists*

Group No 7080 Charity No. 1063139 June 2023 Edition

Full members - 66; Associate members - 12; Total - 78



### *The Coronation of King Charles III*

*I don't think we can start this newsletter without a tribute to the Coronation of King Charles III. After the death of our beloved Queen Elizabeth II, her son came to the throne on the 6<sup>th</sup> May 2023 when millions of people across the UK and beyond, celebrated his coronation.*

*A symbolic ceremony combining a religious service and pageantry.*

The ceremony was held at Westminster Abbey, with the King becoming the 40th reigning monarch to be crowned there since 1066. Queen Camilla was crowned alongside him before a huge parade back to Buckingham Palace.

Here's how the day of splendour and formality, which featured customs dating back more than 1,000 years, unfolded.

#### **King's Procession to the Abbey**



The formal celebrations started with a procession from Buckingham Palace to Westminster Abbey at 10:20 BST. In a break from tradition, King Charles and Queen Camilla were in the Diamond Jubilee State Coach rather than the older, more uncomfortable, Gold State Coach. Outside the palace gates, there was a Guard of Honour, comprising about 160 members of the three armed services, with another 1,000 personnel lining the route along The Mall and down Whitehall.

Almost 4,000 invited guests, including armed forces veterans and NHS and social care staff, were in stands outside Buckingham Palace, with thousands more people in viewing areas along the route and official screening sites nearby. [More than 2,200 people from 203 countries](#) were in Westminster Abbey, with processions there before the King arrived involving faith leaders and representatives from some Commonwealth countries. They were accompanied by the governors general and prime ministers, including UK Prime Minister Rishi Sunak who also gave a reading in the service.

The King arrived at the abbey wearing a red velvet robe of state. Underneath he was wearing trousers rather than the more traditional breeches and silk stockings worn by kings before him.

**The ceremony began at 11:00** and was punctuated with [music selected by the King](#), with 12 newly commissioned pieces, including one by Andrew Lloyd Webber, and Greek Orthodox music in memory of the King's father, Prince Philip. The King's grandson, Prince George, was among the pages. Some of those who walked ahead of the King through the abbey carried the regalia, placing most items on the altar until they were needed.

### What is the regalia?

The UK is, according to the Royal Family website, the only European country that still uses regalia - the symbols of royalty like the crown, orb and sceptres - in coronations. The individual objects symbolise different aspects of the service and responsibilities of the monarch.

Charles was presented with the Sovereign's Orb, the Sovereign's Sceptre with Cross, and the Sovereign's Sceptre with Dove and [other items](#) during the ceremony. And Camilla was presented with the Queen Consort's Rod with Dove and the Queen Consort's Sceptre with Cross - mirroring the King's sceptres.

There were several stages to the service, which lasted a little under two hours, with female clergy and religious leaders from other faiths playing an active part for the first time. King Charles was presented to "the people" - a tradition dating back to Anglo-Saxon times. Standing beside the 700-year-old Coronation Chair, the King turned to face the four sides of the abbey and be proclaimed the "undoubted King" before the congregation was asked to show their homage and service. Archbishop of Canterbury Justin Welby made the first declaration and the congregation shouted "God Save the King!" and trumpets sounded after each recognition. The Archbishop acknowledged the multiple faiths observed in the UK by saying the Church of England would "seek to foster an environment in which people of all faiths may live freely" and then administered the Coronation Oath - a legal requirement. He asked King Charles to confirm that he would uphold the law and the Church of England during his reign, and the King placed his hand on the Holy Gospel and pledged to "perform and keep" those promises. The King also took the Accession Declaration Oath stating that he was a "faithful Protestant". The King's ceremonial robe was removed and he sat in the Coronation Chair to be anointed, emphasising the spiritual status of the sovereign who is also the head of the Church of England. The archbishop poured special oil from the Ampulla - a gold flask - on to the Coronation Spoon before anointing the King in the form of a cross on his head, breast and hands.

The Ampulla was made for Charles II's coronation, but its shape harks back to an earlier version and a legend that the Virgin Mary appeared to St Thomas a Becket in the 12th Century and gave him a golden eagle from which future kings of England would be anointed.

The Coronation Spoon is much older, having survived Oliver Cromwell's destruction of the regalia after the English Civil War. Literally the crowning moment - and the only time King Charles will wear St Edward's Crown in his life. The crown is named after a much earlier version made for the Anglo-Saxon king and saint, Edward the Confessor, and said to have been used at coronations after 1220 until Cromwell had it melted down.

It was made for King Charles II, who wanted a crown similar to the one worn by Edward but even grander.

**King Charles III was only the seventh monarch to wear** it after Charles II, James II, William III, George V, George VI and Elizabeth II - who last wore it at her own coronation in 1953.



First the King was given a [shimmering golden coat to wear called the Supertunica](#), and presented with items including the Sovereign's Orb, the Coronation Ring, the Sovereign's Sceptre with Cross and the Sovereign's Sceptre with Dove.

**Then at 12:01** the archbishop placed St Edward's Crown on the King's head and the abbey bells rang for two minutes, trumpets sounded and gun salutes were fired across the UK. A 62-round salute fired at the Tower of London, with a six-gun salvo at Horse Guards Parade. Twenty-one rounds were fired at a further 11 locations around the UK, including Edinburgh, Cardiff and Belfast, and on deployed Royal Navy ships. The King then moved to his throne where, traditionally, a succession of royals and peers would have paid homage - but the



Prince of Wales was the only person to do so this time.

Instead, the archbishop invited people in the abbey, and those watching and listening at home, to pledge allegiance by saying the words:

**"I swear that I will pay true allegiance to Your Majesty, and to your heirs and successors according to law. So, help me God."**

In the final part of the service the King and Queen took Holy Communion - the principal act of worship of the Christian church. They then left their thrones and entered St Edward's Chapel behind the high altar - there Charles removed St Edward's Crown and put on the Imperial State Crown before joining the procession out of the abbey as the national anthem was played. The King and Queen returned to Buckingham Palace along the reverse of the route by which they came, this time travelling in the 260-year-old Gold State Coach that has been used in every coronation since William IV's. The Princess Royal was among those riding behind the coach, while the Prince and Princess of Wales and their three children, princes George and Louis and Princess Charlotte, were among the royals in the three carriages and first car following. Extract taken from [bbc.co.uk](#)

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## Welcome to the June edition of the SAGAM Newsletter!

It doesn't seem two minutes since I sent the April edition out to you but here we are in June; the 6<sup>th</sup> month of 2023 already....how time flies and I really couldn't start this month's newsletter without a tribute to our new King. We watched his coronation from start to finish and really did enjoy the type of pomp and ceremony only the UK can do. For a lot of us, it could be the only coronation we will see but I guess for some of us there will be another, as well of course those amongst us who were lucky enough to see Queen Elizabeth II's coronation. We haven't watched the concert yet though which was on the TV in the evening of the 6<sup>th</sup> – we must make the time before it's automatically deleted!

June sees our Social Night on the 28<sup>th</sup>, with guest speaker Sergeant Rachel Pell who was featured in an article on Look North on the 24th May this year, in a report by Issy Rose. Sergeant Pell is a dog handler and if the last social night where we had police dogs is anything to go by, the 28<sup>th</sup> will be a cracker so I do hope to see you at the Redbourne Social Club at 7.30pm on the 28<sup>th</sup>! You can read a little bit more about this social night in our Chairmans Catter. I for one, am looking really forward to it!

We've recently had some really good days out with our MDU both in Grimsby and Scunthorpe and have gained several new members whose names can be seen further into the newsletter.

I hope that as always, there will be something of interest to you, including the write up of King Charles III's coronation. There's also a good write up about the yellow hatched boxes we all see on the road in various areas and the problems they can cause for some drivers. So read on and enjoy!



### Chairman's Chatter

*H* folks, it's the old rambler here, well I do ramble on a bit, don't I? The groups keeping us busy at the moment, I'm pleased to say.

You may remember I mentioned in my last chat that we had an influx of new candidates to train, well it's all progressing nicely. In fact, we're all busy but only a few realise that. I think I'm correct in saying all our observers are busy with candidates, so there will be the inevitable waiting list for any new starters that come in. However, if you feel you could help us and become an observer, it would

be very much appreciated. I know our Chief Observer is always asking for new observers to help and train new wannabe advanced drivers, so really this is simply in support of our Ch. Observer Paul Cassell. I must say, I've been an observer now for nearly five decades and it really is such a rewarding experience when an associate comes up to you and says those wonderful words, "I've passed" and I still get one heck of a buzz from it even now. So, if you feel you could possibly give up a couple of hours per week then please contact Paul Cassell, who's name and contact details can easily be found in this mag.

On the social side of things, we've had a good year so far, and I think it's going to continue in that vein for the rest of the year. We're hoping to be out with the MDU at Sainsbury's in Scunthorpe on 17th June.

For our June social on Wednesday 28th, we have Sgt. Rachael Pell, who will be bringing a few dogs to show us. From passive drug search dogs to the ohh don't let it bite you dogs. It will be a brilliant night, guaranteed. Then August 2nd brings our new area services delivery manager, to update all the observers with new skills etc. This will be at the New Inn Limber

Then, back at Redbourn club on Wednesday August 23<sup>rd</sup>, we have a fantastic presentation from Safer Roads Humber. To finish off the year on the social side, on Wednesday October 25th we will have the Barrie Heath 3 way quiz. It's always a great humoured night, between SAGAM, IAM Lincolnshire cars and Lincs advanced bikers. This event seems to be ever more popular now, so please come along. You can be on the team or just sit and watch and jeer the others when they come up with some daft answers.

If you require anything more, you know how to find me. That's it for this time, stay safe and hopefully see some of you soon. Thank you all.

Terry Heath

Chairman & N.O.

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### SOCIAL MEETINGS

The following are dates for our 2023 Social Meetings: Redbourne Club, Scunthorpe

June 28<sup>th</sup>

Sargent Rachel Pell

(Dog Handler)

August 23<sup>rd</sup> & October 25<sup>th</sup>.

### NEXT ISSUE

August

2023

If you have any articles, photographs or anything you feel may be of interest for the **August** edition, please feel free to email me at

[publicity@scunthorpegrimsbyadvancedmotorists.org](mailto:publicity@scunthorpegrimsbyadvancedmotorists.org)

no later than

**15<sup>th</sup> August please.**

### Scunthorpe & Grimsby Advanced Motorists

Find us here:



[WEBSITE](#)



<https://www.facebook.com/groups/956009915305494/>



[@ANDGRIMSBY](#)

The views and opinions expressed in this newsletter are those of the individual writers and not necessarily of IAM RoadSmart, nor the Scunthorpe and Grimsby group.

### Committee Meeting Dates for 2023 are:

14<sup>th</sup> June, 12<sup>th</sup> July, 9<sup>th</sup> August, 13<sup>th</sup> September, 11<sup>th</sup> October, 8<sup>th</sup> November, 13<sup>th</sup> December

**PLEASE NOTE:** Meetings are to be held via Zoom until further notice.

Observer Team Meeting with our ADSM – 2<sup>nd</sup> August 2023 7.30pm; New Inn, Great Limber (tbc)

### Our MDU is out on the following dates in 2023:

17<sup>th</sup> June    12<sup>th</sup> August    7<sup>th</sup> October

***We will warmly welcome nominations for anyone who would like to join our committee***

## Chief Observer Report

*Hello everyone - Welcome to our latest update.*

*After an eventful March and our first outings of 2023 with our MDU, April and May have seen us getting new associates allocated to their observers. Good luck to all of you!*

*Our MDU appearances have generated new associates on the day and our free assessment drives, which are well received by those who decide to join us, maybe help. It also makes the day more interesting for the Observers on site too. Our next MDU outing at Sainsbury, Scunthorpe is arranged for Saturday 17th June 2023. We have also carried out an assessment drive generated for us, following an enquiry direct to IAM RoadSmart head office.*

*As at 9th May 2023 we have nine observers on our team and nine associates including those waiting to be allocated.*

*Since our previous report we have one successful test result. Well done to you and your Observer! See the newsletter for details and congratulations.*

*Finally, our training of local observers to National Observers is underway now, so watch this space as they progress. Good luck all.*

*Thank you for reading our up-date and your Observer Team wish you safe and happy motoring.*

*Paul Cassell.*

*Chief Observer.*

## The tech helping driverless cars see round corners

**"A bit like X-ray vision"**

**is how engineer James Long describes the effect of the technology he's working on.**

Sitting in front of a bank of TV screens showing busy London streets, James explained how a network of roadside cameras helps a self-driving car to navigate heavy traffic.

The cameras are used to help the car identify potential hazards in advance, before they can be picked up by its own sensors. This allows it to anticipate problems, and progress more smoothly through traffic.

The system was on trial on the roads of Woolwich, in south-east London, as part of the ServCity project which aims to refine autonomous technologies for busy city streets.

The scheme, which had been operating for three years, was run by a consortium including Nissan, Hitachi Europe, the Transport Research Laboratory and the University of Nottingham, among others. It has now ended.

The project used Nissan's electric Leaf model (see below). Each car was festooned with cameras and sensors,



many of them bolted to a perfectly ordinary roof rack. The boot was full of computers and electronics. It all looked rather rough and ready.

But out on the road, following a circuit between roundabouts on the A206, it felt smooth and controlled. Sitting in the back seat, it was remarkably easy to forget the car was guiding itself.

Such precision was helped by guidance systems using precise 3D mapping, highly accurate GPS, radar, and Lidar - a laser-based sensing method.

Over the past three years, ServCity's cars racked up some 1,600 miles of autonomous driving, without a serious incident - though on every outing a safety driver was in position to take control if necessary. The ServCity cars used the information from roadside cameras (right).

It is an impressive record. The roads of Woolwich are busy and unpredictable. Buses dice with taxis, delivery drivers stop without warning, and cyclists weave through heavy traffic.



David Moss, Nissan's senior vice president for research and development in the UK and Europe explained, "What we're actually trying to do is expand the boundaries of autonomous drive. So, we want to be able to improve not just the ability to drive on the highway, but also to take on complex environments in the city."

Trials of self-driving vehicles are nothing new. There are even commercial services using them as taxis, on a strictly controlled basis, in some cities in the US, China and South Korea.

This project, however, focused specifically on finding ways for the car to use roadside infrastructure, such as traffic cameras, to improve its awareness - and allow it to drive more smoothly.

This is where the technology being overseen by James Long comes in. He is the head of technical consulting at the Smart Mobility Living Lab, which was set up with the help of government funding to create a test-bed for connected and self-driving technology in London. James said;

"What we've been looking at particularly is things like parked vehicles and buses in bus stops that are beyond the line of sight, so we've been using our roadside cameras and infrastructure to be able to see those situations - a bit like X-ray vision - beyond the line of sight in such a way that the information can be transmitted to the vehicle."



Ultimately, this kind of technology could be used to build a kind of ecosystem in which cars do not rely on their own sensors, but take in a wide array of information from communicating with their surroundings, and indeed with one another - In theory, that should reduce congestion.

"I really applaud this approach," says Sven Beiker, founder of the Silicon Valley Mobility consultancy, and a former head of the Centre for Automotive research at Stanford University. "We need this connection between the automated, self-driving, autonomous vehicle and a centralised infrastructure and potentially to other vehicles as well. I do not think you can have a self-driving car without some sort of connection to road infrastructure."

But although the ServCity trial is clearly impressive, Mr Beiker thinks it will be years before use of self-driving cars in cities becomes widespread, because of the need to prepare infrastructure and develop high-definition 3D maps in every area they are to be used.

"If you were to say to the operator [of this project], 'Hey, I love your service, can you get us a demo in Manchester tomorrow?', it would be impossible," he says.

Mr Beiker says expanding such services will be an incremental process.

"It almost goes on a street-by-street basis. It's not city-by-city. It's much more like, OK, you did this street, let's do the next street."

Nissan's David Moss agrees that it will be many years before fully autonomous cars become mainstream. However, he thinks some of the benefits of trials like ServCity will be seen sooner rather than later.

"The final end result is a long way off, but some of what we've learned, we will progressively build into the cars going onto the roads today."

Taken from The tech helping driverless cars see round corners - BBC News March 2023

**Name: Croft**



**Length: 2.1mi**  
**Car Days: Yes**  
**Bike Days: Yes**  
**County: Yorkshire**  
**Postcode: DL2 2PL**  
**Car - July 4<sup>th</sup> 2023**  
**Bike - July 5<sup>th</sup> 2023**

**Name: Blyton Park**



**Length: 1.6 mi**  
**Car Days: Yes**  
**Bike Days: Yes**  
**County: Lincolnshire**  
**Post Code: DN21 3PE**  
**Car - 21st August 2023**  
**Bike - 22<sup>nd</sup> August 2023**



For more information visit [Skills Days](#) | [IAM RoadSmart](#) | [UK Road Safety Charity](#).

To book a place call 0300 303 1134



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- Up to 10% off airport hotel and parking packages
- Up to 10% off airport lounge

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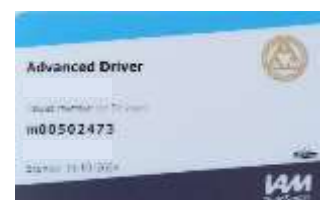
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## Did You Know? – Safer Roads Humber.....

Safer Roads Humber aim for all road users to be safe on the region's roads. We provide courses on driver safety and publish information on our engagement activities and daily enforcement schedule, road casualty data and general advice for road users.

### Driver safety courses

Safer Roads Humber, in partnership with Humberside Police, run a range of courses that are offered to motorists when certain traffic offences have been committed. These courses are offered to motorists as an alternative to being prosecuted for the offence. Delegates are charged a fee for the course as an alternative to a fine and points on their licence. Delegates can only attend one course in a three-year period. Clients can choose from a classroom-based course or an online course held on Microsoft Teams.

### Safety camera information

Safety cameras are used across the region as part of our overall strategy to make Humberside's roads safer. We use mobile and fixed speed cameras to detect speeding vehicles at locations that have been identified as sites of risk. We are able to deploy the cameras at a range of locations meaning we can be more responsive to our communities' needs.

### Safer Roads Humber Engagement Activities

The partnership delivers an extensive range of engagement activities targeted at all road users, with a particular focus on high risk and vulnerable road user groups. We utilise a variety of delivery methods to appeal to the widest audience possible - this includes road safety presentations, structured learning projects and attendance at a broad range of events. The interactive dashboard below details the partnership's engagement activities for 2018 - 2022 to date. Click on a visual to filter the data displayed (to drill down multiple visuals, hold down CTRL and click on all the relevant visuals you are interested in). [Click here](#) for an explanation of our activities.

As you do already know, our President, **Mick Harris** secured funding with Safer Roads Humber which allows us to enrol Young (25 and under) Drivers into our group with a massive refund of £80 once they are allocated to our group by IAM Head Quarters. Below is a synopsis written by Mick, of a conference attended by himself Terry Heath.....it makes great reading as it explains the reasons for our current link to the Safer Roads Humber Group.

The 19th April 2023 saw a special Road Safety Conference held in Hull to celebrate the 20th Anniversary of Safer Roads Humber, the region's premier Road Safety Partnership. Invited to the event were representatives of the areas IAM RoadSmart Groups. For Hull and East Riding was President Mike Yeomans and Chief Observer Malcolm Anderson and for the Scunthorpe and Grimsby Group, Chairman Terry Heath and Hon. President Mick Harris. The event was attended by approximately 160 members of professional and volunteer organisations either promoting road safety or being affected directly or indirectly by road collisions. It was opened by Metropolitan Police Commander Kyle Gordon the National Lead for Roads Policing Ops, Intel and Investigations. Various speakers spoke to a range of subjects including the drive towards "Vision Zero"

Both IAM Groups were recognised as being in Partnership with Safer Roads Humber and have been successful in securing over £8000 to fund IAM RoadSmart Young Driver Advanced Courses within the Humberside area. Ruth Gore, spokesperson for Safer Roads Humber said; 'The partnership is extremely pleased that our local partners from IAM RoadSmart were able to attend our conference. We have been working with them to promote the advanced courses to young drivers across the region to help them reduce the risk they face on the roads.'

She continued; 'Safer Roads Humber values the work that the local IAM RoadSmart group do in our communities and are happy to support them financially to deliver these courses.'

**Author Mick Harris.**

## Protecting your digital footprint

Every time you use visit a website, send or receive a message or email, buy or book anything online, comment on a post, upload a photo or find directions on your phone, you're adding to your digital footprint.

The internet provides many positive experiences, but we could probably all benefit from thinking more about the trail we leave online.

Your digital footprint is part of your online history and can potentially be seen by other people, or tracked and held in multiple databases, however careful you are with your privacy settings.

This month the Get Safe Online campaign considers what might happen as a result of your digital footprint, and provides tips and advice on what you can do to protect your digital trail.

Please visit the following link for further information:

[https://www.getsafeonline.org/digitalfootprint/?utm\\_source=nwemail&utm\\_medium=email&utm\\_campaign=nwmay23](https://www.getsafeonline.org/digitalfootprint/?utm_source=nwemail&utm_medium=email&utm_campaign=nwmay23)

And see below a link to a leaflet for use and to share as helpful.

[May23 Digital Leaflet.pdf](#)

## Why are email accounts so important?

Your emails contain a lot of information about you, so it's crucial you make your email password strong. If criminals get into your email account, they could access personal information that could be used to scam you or others. To make it harder for them, always use an email password that you haven't used elsewhere.

Your email inbox can also act as a 'gateway' to your other accounts. Once they can access it, a criminal could use the 'forgot password' option to request emails enabling them to get into other accounts, such as your social media.

### How to secure your email account

#### *Your email password*

Using a combination of 3 random words creates passwords that are long enough and strong enough. Avoid words that can be guessed, like your pet's name or birth month. Adding numbers and symbols is a good way to make your password even harder to guess.

#### *Turn on 2-Step Verification (2SV) for your email*

2-Step Verification (2SV) gives you twice the protection so even if cyber criminals have your password, they can't access your email.

2SV works by asking for more information to prove your identity. For example, getting a code sent to your phone when you sign in using a new device or change settings such as your password.

You **won't** be asked for this every time you check your email.

#### *Hot to turn on 2-Step Verification (2SV)*

- Turn on 2SV for [Outlook](#)
- Turn on 2SV for [Gmail](#)
- Turn on 2SV for [iCloud](#)

EMAIL ACCOUNT

If you are using an email service that does not offer 2SV, please consider switching to an email provider that does.

### **How to check if one of your online accounts may have been compromised**

Services such as [www.haveibeenpwned.com](http://www.haveibeenpwned.com) can tell you if your personal information or any of your account passwords have been made public in a major data breach.

If you have been affected by a data breach, you can find some useful information [here](#) from the National Cyber Security Centre on how to protect yourself from the impact of data breaches.

For more advice on how to stay secure online, please visit [www.cyberaware.gov.uk](http://www.cyberaware.gov.uk)

### Info from - Toolbox Talks

- *Use our excellent virtual classroom learning to play a key supporting role in your driver risk management programme.*

[Contact us to learn more](#)

*Welcome*  
to our new members



*Garth Green, Leslie Lawson,  
Tony Lawson, Mike Stringer  
and Leroy King*

### **6 Good Reasons for becoming an Advanced Driver**

- Better driving skills should mean it's easier to stay safe on the road – and keep your no claims bonus intact
- More efficient driving will mean lower fuel costs, as well as environmental benefits
- Smoother braking
- Your tyres will last longer
- You'll be able to cope better with the challenges of driving
- You'll be better able to read the road ahead

While the jury may be out on how an advanced driving course may impact your car insurance premium, there is doubtless merit in aiming to become a safer, more skilled driver. There are tangible benefits in relation to road safety, fuel costs and the environment – among many others.

\*Statistic according to [Brake](#), the road safety charity

## *A little bit of what you fancy* – Summer Solstice Wine Cocktail

### Ingredients:

- 12 Bing Cherries, pitted and halved
- ½ very ripe peach (no peeling required) quartered
- 8oz Frontera Pinot Noir
- Blood Orange Italian Soda to fill, chilled

### Method

1. In a shaker or quart mason jar, combine the cherries, peaches and Pinot Noir. Mix well to release flavours
2. Add 5-6 ice cubes, shake vigorously to blend
3. Strain equally into 2 12-14 oz glasses, filled with crushed ice. Fill with Blood Orange Italian Soda. NOTE: Your glasses could be placed in the freezer for 10-15 minutes to make them cold and frosty before filling them

Taken from boulderlocavore.com



to  
*William Pridgeon*  
on passing your  
*Advanced Driving Course!*



*Laughter is always the Best Medicine.....*





## Caught my Eye – Grand Lisboa Hotel

Ever fancied staying in a fabulously elegant place? This amazing hotel in Macau, Hong Kong will have you living in the lap of luxury.....Ohhhh.....yes please.....



### CORPORATE BACKGROUND

The Grand Lisboa Hotel is owned by SJM Resorts, Limited (SJM) and is an impressive and iconic skyscraper with 260 metres tall, an iconic architectural feat inspired by Macau's lotus symbol. The 5,000m<sup>2</sup> "Starsphere" can be seen clearly as far as Taipa island. The recreational facilities and restaurants within Grand Lisboa were opened on 11 February, 2007, while the hotel was opened in December 2008. On permanent display in the Lobby of Grand Lisboa Hotel is "The Star of Stanley Ho". According to the Gemological Institute of America,



the 218.08 carat (43.62 g) diamond is the largest cushion-shaped diamond in the world with excellent polish, symmetry and internal flawless D-colour. The diamond, named after Dr. Stanley Ho, is a reflection of SJM's commitment to

delivering ultimate luxury to its guests.



### MISSION & OBJECTIVES

Grand Lisboa ranks among the world's most elite hotels, earning quadruple Forbes Five-Star honours.



An iconic building set in the heart of Macau, the hotel is testament to extraordinary elegance and luxury. With its distinctive location and architectural design, 9 acclaimed restaurants, top quality ultra-luxurious rooms, the Grand Lisboa Hotel has truly earned its reputation as one of Asia's finest hotels. You will find easy access to the city's prime tourist attractions and indoor access to the 9 acclaimed restaurants within the Grand Lisboa Hotel. Together with the impeccable service of our staff, we aim to make your stay an enjoyable one.

### LOCATION

The hotel is located in the Central Business District, 15 minutes from Macau International Airport and 5 minutes from Macau Maritime Ferry Terminal.

### CAPACITY

We offer over 400 luxurious rooms: room size ranges from 48 to 341 square metres.

### ROOM HIGHLIGHTS

Indulge in pure luxury and comfort upon checking in to the Grand Lisboa Hotel. In each room, you will find a 40-inch television with a surround-sound effect player. Each bathroom also has a 60cm diameter rainforest shower, Turkish steam bath, Jacuzzi and built-in-mirror TV. The Grand Lisboa Hotel is one of the few hotels in Macau that offers this full range of amenities in every hotel room. See description of rooms below.

### DINING HIGHLIGHTS

Grand Lisboa also boasts award-winning dining with 7 Michelin Stars under one roof, and the Black Pearl Restaurant Guide has awarded 6 Diamonds – the most in Macau – to the hotel's three signature restaurants. Robuchon au Dôme, (see below) the renowned French restaurant atop the hotel has earned 3 Michelin Stars, and is also recipient of 3 Black Pearl Diamonds. The 8, home to exceptional Cantonese cuisine, is the recipient

of 3 Michelin Stars and 2 Black Pearl Diamonds. The hotel's modern steakhouse – The Kitchen – has earned 1 Michelin Star and 1 Black Pearl Diamond. For more casual dining, Casa Don Alfonso presents the original, home-style flavours of Southern Italy. The hotel also offers an impressive wine collection of more than 17,800 labels, most of which are rated over 91 by Robert Parker's Wine Advocate. Grand Lisboa is the first establishment in China to receive the "Grand Award" honour from Wine Spectator magazine.

### DELUXE CORNER & PREMIER CORNER ROOMS



Indulge in one of the special Deluxe Corner Rooms tucked away in the private corners of the majestic Grand Lisboa Hotel tower, and enjoy the lavish setting and grandeur. Each room includes a Turkish steam bath, 60-centimetre diameter Rain Shower, Jacuzzi, 40-inch television with 5.1 surround sound and a built-in mirror TV in the bathroom. Select corner rooms also come with an in-room private sauna or exclusive sky garden, offering you an unrivalled view of the lake and city. The Deluxe Corner &

Premier Rooms features include: Steam & Rain Forest Shower; Jacuzzi bathtub; 40-inch television with 5.1 surround sound system effect; Some rooms are equipped with Sky Garden or in-room private sauna



### PRESIDENTIAL SUITES

Offering an ultra-luxurious and lavish experience, the Presidential Suites include a spacious and elegant living area, allowing you to relax and unwind after a hectic day. Each room includes a Turkish steam bath, 60-centimetre diameter Rain Shower, Jacuzzi, 40-inch television with 5.1 surround sound and a built-in mirror TV in the bathroom. The suites also come with an in-room private sauna and exclusive sky garden, allowing you to indulge in the breath-taking scenery of Macau while experiencing an exquisite taste of contemporary luxury. The Presidential Suite features include: Steam & Rain Forest shower; Jacuzzi bathtub; B & O Home Theatre; Private Sauna; Sky Garden

### ROBUCHON AU DÔME



As well as other luxurious restaurants, the Grand Lisboa Hotel boasts the Robuchon au Dôme which is one of the region's top dining destinations, and has been awarded **three Michelin stars for fifteen consecutive years by the MICHELIN Guide Hong Kong and Macau in 2009 to 2023**. Boasting the most extensive and exclusive wine collection in Asia with over 17,800 labels, Robuchon au Dôme has been honoured with the Wine Spectator's "Grand Award" yearly since 2005.

The restaurant offers a superb menu of French gastronomic cuisine, meticulously crafted by the world's most Michelin-starred chef Joël Robuchon.

Robuchon au Dôme is situated in the dome of Grand Lisboa Hotel which is 238 meters height and has a magnificent view of Macau. The centre-piece of the restaurant is a breath-taking crystal light chandelier cascading from the middle of the ceiling, made up of over 131,500 pieces of Swarovski. Behind glass display windows, wine cabinets are amassed with sculptures, representing famous wine Château, designed and crafted by renowned English Furniture Maker, Viscount Linley. The enchanting atmosphere in the restaurant is lightened up by Baccarat floor lamps. Setting the new standard for fine-dining, Robuchon au Dôme uses the best hardware and tableware, the finest glasses from Riedel and high relief platinum serving plates from Bernardaud. Enjoy the epitome of fine dining at Robuchon au Dôme where culinary artistry is met with the finest wines, impeccable service and a décor to match.





Various activities are available at the Grand Lisboa Hotel. Enjoy a leisurely swim at the Hotels swimming pool all year round. With our state-of-the-art temperature-controlled outdoor swimming pool, guests can enjoy swimming even during the winter. Our gym and fitness centre offers the latest in training equipment as well as qualified and friendly instructors, providing the perfect venue for your daily workout. Opened in December 2008, The Spa at Grand Lisboa is situated on the 5th and 6th floor of the Grand Lisboa Hotel. Occupying two floors at the hotel and spawning 10,000 square foot, The Spa at Grand Lisboa offers state-of-

the-art spa facilities and a wide range of innovative spa treatments for both female and male guests.

This luxurious spa offers a total of 11 private treatment rooms lavishly accented with white gold mosaic wall tiles and bathtubs made with opulent jade mosaic tiles individually laid by renowned spa technicians from Germany. Designed to provide a relaxing sanctuary and sensory experience for those looking for the ultimate indulgence, the treatment rooms on the 6th floor are also equipped with the "Private Heaven" spa facility which allows guests to experience multiple-function shower options. The spa also offers Vichy shower facilities for water massage treatments. Individual treatment rooms and private suites for couples are available for guests to choose from. Guests at the spa can also expect to be pampered by highly qualified professional therapists, and enjoy the purest form of plant extracts and natural fragrant oil. The Spa at Grand Lisboa also houses Le Salon, where professional hair stylists offer creative styling techniques using the latest hair care technology.



At the Grand Lisboa Hotel Macau, we combine elegant and state-of-the-art banquet and meeting facilities together with meticulous attention and flexibility to meet your individual requirements.

At 1059m<sup>2</sup> in size, our Grand Ballroom accommodates up to 1,300 people and is the perfect venue for weddings, cocktail gatherings, corporate banquets or performances.

The first and only Chinese restaurant in Macau awarded three Michelin stars for ten consecutive years by the *MICHELIN Guide Hong Kong and Macau*. A prominent feature is the Chinese symbolism cleverly woven into its interior design. From the number '8' (a symbol of good fortune) to swimming goldfish (a symbol of health and vitality), The 8 offers its guests a unique dining atmosphere replete with traditional Chinese flavour. Diners can choose from over 40 kinds of dim sum at lunch and experience classic dining with an elegant and creative touch. The restaurant also shares the phenomenal wine cellar with over 17,800 labels.

The restaurant also shares the phenomenal wine cellar with over 17,800 labels.



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## Car Parts – Do you know yours?

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## The 5 most common motoring offences

Data reveals that speed limit offences are at the top of the list for driving convictions, followed by mobile phone use while driving and traffic signal offences. But 7 in 10 (70%) of UK drivers admit to escaping punishment for motoring offences they've committed. In total, local councils have missed around 29.1 million motorists who've committed motoring offences.

### What is a motoring conviction?

A motoring conviction is where you get a fine and/or points on your licence for committing a motoring offence. For example, drink driving or speeding. The points could stay on your licence for 4 years or more depending on the motoring conviction. If you're buying car insurance, they might ask you about any motoring convictions in the last 4-5 years.

Let's look at what a motoring conviction is and the most common motoring offences.

For those who were caught breaking the law, over a third had points on their licence (38%) or had to attend a speed awareness course (38%). Around 1 in 10 (11%) drivers were banned from driving as a result of their offence.

Speeding limit offence	72%
Using a mobile phone/other interactive device	15%
Traffic signal offence	15%
Illegal/unauthorised parking	11%
Moving traffic offence	11%

The price to pay for vehicle offences is high too. More than half (53%) were fined. Nearly 1 in 4 (23%) had a fixed penalty notice. And just over half (51%) have been charged for breaking the law in the past. Motoring offenders have paid around £191 in fines, on average, as a result.

All this means that the government could be cashing in more than £5.5 billion for drivers' mistakes.



A percentage of drivers were asked if they'd committed a motoring offence and hadn't been caught. Around 7 in 10 (70%) admitted to this.

Here are the most common offences for those drivers who have committed a driving offence, but didn't get a conviction:

Speeding	51%
Driving through a red light	21%
Using a mobile phone/device	19%
Parking illegally	18%
Driving under the influence of alcohol	12%

Speeding seems to be prevalent in the UK. It's the top motoring offence for drivers who've escaped a conviction. It's also the most common offence that drivers are convicted for.

In some areas, speed limits have been introduced to reduce emissions. These areas have further monitoring by speed cameras. And in some parts of the UK there's a 20mph speed limit in residential areas. These new enforcements could explain why speed limit offences are so high.

### **What are the penalties?**

#### **Speed limit offence**

If you're caught by a [speed camera](#) you're sent a Notice of Intended Prosecution. Sometimes this'll be accompanied by a section 172 notice.

If you're stopped by the police they might:

Give you a verbal warning.

Issue or send you a Fixed Penalty Notice.

Order you to go to court. You should get a letter telling you what you're being prosecuted for.

#### **Using a mobile phone penalties**

If you're caught [using a mobile phone while driving](#) you can get:

3-6 penalty points

£200 fine

You can also be taken to court and get a driving ban and a fine of £1,000 or £2,000 if you're driving a lorry or bus. You can also lose your licence if you've passed your test in the last 2 years.

#### **Traffic signal offence penalties**

If you're caught [running a red light](#) you could get a fine of £100 and 3 points on your licence.

#### **Illegal/unauthorised parking**

You usually don't get penalty points for [parking on yellow lines](#) or overstaying in a private car park. But if you're [parked dangerously](#) you could be charged with 'leaving a vehicle in a dangerous position'. This comes with 3 penalty points for and a fine of up to £1,000.

#### **Moving traffic offences**

Moving traffic offences include: Incorrectly driving into a bus lane: Going the wrong way down a one way street: Illegal U-turns: Stopping in a yellow box junction: You could get up to 3 penalty points for a moving traffic offence and fines vary. These usually stay on your licence for up to 4 years.

#### **Are fines an effective deterrent for breaking the law on the road?**

It seems fines aren't an effective deterrent for committing a motoring offence. Over 1 in 3 (31%) convicted drivers admit to reoffending. And more than 3 in 5 (63%) offenders said they weren't put off committing offences again after being convicted.

A fifth (20%) of drivers say that the punishments for motoring offences should be more severe. So, police forces and the government could consider harsher punishments for motorists in future.

## Dates in June & July 2023

### June

#### Global Day of Parents

**1st Jun 2023**

Created in 2012, Global Day of Parents provides an opportunity to appreciate all parents for their selfless commitment to children and their lifelong sacrifice towards nurturing this relationship

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#### World Environment Day

**5th Jun 2023**

The United Nations' principal event for encouraging worldwide awareness and action for the protection of our environment.

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#### Child Safety Week

**5th Jun to 11th Jun 2023**

Organised by the Child Accident Prevention Trust to promote safety issues for children.

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#### World Ocean Day

**8th Jun 2023**

Event organised by The Ocean Project to raise awareness of the oceans and the living creatures that make their home there

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#### Healthy Eating Week

**12th Jun to 16th Jun 2023**

Organised by the British Nutrition Foundation, this week aims to connect people, food and science and provide impartial, evidence-based information to people so they can adopt healthy, sustainable diets - for life.

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#### The King's Official Birthday

**17th Jun 2023**

Celebrations of the monarch's official birthday are held in June across the Commonwealth, and include the Trooping of the Colour in London.

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#### Father's Day

**18th Jun 2023**

Father's Day is the celebration of fathers in the UK, the US and most of Europe and many other parts of the world. This date was chosen for Father's Day when it was founded by Sonora Smart Dodd in the US.

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#### Summer Solstice (Northern Hemisphere)

**21st Jun 2023**

This day is the first day of astronomical summer in the northern hemisphere.

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#### Winter Solstice (Southern Hemisphere)

**22nd Jun 2023**

The winter solstice represents the beginning of the astronomical winter and is the shortest day - the day with the least daylight.

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#### Eid ul-Adha

**28th Jun to 29th Jun 2023**

This Muslim festival remembers the prophet Ibrahim's willingness to sacrifice his son when God ordered him to. It is celebrated by prayer and visiting family and friends.

## July

### Canada Day

**1st Jul 2023**

The National Day of Canada. It celebrates the anniversary of July 1, 1867, the effective date of the Constitution Act. A federal holiday, it is celebrated with community and family events, parties and fireworks.

---

### International Joke Day

**1st Jul 2023**

This fun special day is intended to cheer people up, so tell someone a joke and make them smile!

---

### Wimbledon Fortnight

**3rd Jul to 16th Jul 2023**

This annual international tennis championship is held in Wimbledon, UK. The top tennis players from around the world gather to take part in one of tennis' most prestigious tournaments.

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### American Independence Day

**4th Jul 2023**

This is the celebration of the independence of the United States of America. It is a federal holiday in the US and is celebrated with family events, fairs, carnivals and fireworks.

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### Bastille Day

**14th Jul 2023**

The French national day which celebrates the storming of the Bastille prison in Paris, which signalled the start of the French Revolution.

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### St. Swithuns Day

**15th Jul 2023**

According to legend, if it rains on Saint Swithun's bridge today, it will continue to rain for 40 days and 40 nights.

---

### FIFA Women's World Cup

**20th Jul to 20th Aug 2023**

The 9th FIFA Women's World Cup will be jointly hosted by Australia and New Zealand, the first time that it has had two host nations.

---

### World Chess Day

**20th Jul 2023**

Chess is one of the most ancient, intellectual and cultural games, with a combination of sport, scientific thinking and elements of art, which can cross the barriers of language, age, gender, physical ability or social status.

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### Global Tiger Day

**29th Jul 2023**

An annual celebration to raise awareness for the plight of tigers and the urgent need for tiger conservation. Tigers are a critically endangered species whose numbers are affected by the illegal wild life trade, habitat loss and climate change.

---

### Harry Potter's Birthday

**31st Jul 2023**

Harry shares his birthday with author J.K. Rowling. It is a day when you can indulge a love of the wizard by reading, watching a movie, sipping a butterbeer or munching on a bag of Bertie Bott's Every-Flavour Beans.

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## Laughter is the Best Medicine.....

A woman knocked on my door and asked for a donation towards a swimming pool



- I gave her a glass of water!



It's my wife's birthday tomorrow. She's been leaving jewellery catalogues all over the house

- So, I've bought her a magazine rack!

My wife called from upstairs and asked "Do you ever get a shooting pain across your body, like someone's got a voodoo doll of you and they're stabbing it?"

- I replied 'No'. She said 'What about now?'



**What is this?** There is a green house. Inside the green house, there is a white house Inside the white house there is a red house. Inside the red house, there are lots of babies. What is it?

Last Months' Answer – Smoke

## Yellow box junctions: what are the rules and how can I avoid a fine?

**Stopping in a yellow box junction could cost you up to £130. Stay safe and avoid a fine.**



A study by the RAC has uncovered problems with 90 percent of proposed new yellow box junctions.

Previously, this type of monitored junction was only [located in London](#) and Cardiff, but a ruling in 2022 has granted councils across the UK new powers to enforce moving traffic offences. Yellow box junctions are designed to prevent a road becoming blocked and keep traffic flowing. However, they can also catch drivers unawares, resulting in a fine of up to £130.

**Many are monitored by [enforcement cameras](#), which can automatically process penalty charge notices (PCNs) – hence their ‘money box junctions’ nickname.**

Yellow box junctions are usually found in urban areas, where tailbacks can block opposing traffic flow. Previous research by the RAC found eight in 10 drivers said they struggle to drive cleanly through yellow box junctions. And the motoring organisation’s latest report found more than half (55 percent) of the new yellow box junctions applied for by councils since 2022 directly contravene the current government guidance.

An investigation by Click4Reg found London councils earned up to £520,000 from moving traffic violations every day. The City of London borough typically issues up to 200,000 penalties in a year, making around £25 million as a result.

### **Yellow box junctions: what you need to know**

Yellow box junctions are covered by rule 174 of [the Highway Code](#).

#### **What is the point of a yellow box junction?**

A box junction keeps traffic flowing by marking out an area of road space that should be kept clear at all times.

#### **When can I drive into a yellow box junction?**

You are only meant to enter a box junction if your exit is clear – in other words, if you can drive all the way through it without stopping.

#### **Am I ever allowed to stop in a yellow box junction?**

If you are turning right, you can stop in a box junction if oncoming traffic prevents you from doing so – but only if your exit is clear.

#### **What is the penalty for stopping in a yellow box junction?**

The fine for stopping in a yellow box ranges from £70 to £130 (the latter in London). However, it is halved if paid within 14 days.

#### **Will I get points on my licence for breaking yellow box rules?**

No, you will not receive penalty points on your driving licence for a yellow box offence.

#### **Why do people get annoyed about yellow box junctions?**

Motorists get frustrated with box junction transgressors because everyone else gets blocked, along with the offending driver. It is considered one of the more ‘selfish’ motoring offences.

RAC spokesperson Simon Williams said:

“Our research shows yellow box junctions are very divisive issue for drivers. There is a strong feeling that many junctions are not set up fairly, which leads to drivers having no choice but stop in them, whether that’s due to poor traffic light sequencing, poor design or being used in the wrong place”.

The RAC adds that authorities should carefully analyse every yellow box junction before installing a camera, to confirm it’s possible to drive through without stopping.

Article taken from [motoringresearch.com](#)



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**Last but definitely not least.....don't forget to look us up on the links below**



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