
Scunthorpe & Grimsby Advanced Motorists

Group No 7080 Charity No. 10631 July 2022 Edition

Full members - 80; Associate members - 8; Total - 88

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Welcome to the July edition of the SAGAM Newsletter

This month's edition has lots of interesting articles in for you to browse through. From changes in the law for Death by Dangerous Driving to how to make Easy Cherry Jam to how to save fuel and energy – I'm sure there should be something for everyone.

Near us, the price of fuel has almost hit the £2.00 per litre mark and on our travels last weekend near Chesterfield, I saw a garage selling diesel at £2.09.99. I guess this is a sign of the times what with the Russian/Ukrainian war instigating an increase in the cost of oil as well as other things including food stuffs.

Don't forget the IAM Question Time on Thursday 21st July at 7pm. You can register here: [REGISTER NOW](#)

I'm going to make it short this month as I know you are eager to get into the pages to see what's in store! I hope you enjoy reading, and see you at our next **Social Night on the 24th August at the Redbourne Club!**



Chairman's Chatter

Terry is otherwise engaged at present, so I'm standing in for him this month.

Well, other than our observers taking associates out for runs, there's not much been going on overtly this month but behind the scenes amongst other things, some have been organising our next social night for the 24th August, 7.30pm at the Redbourne Club in Scunthorpe. Our last social night was very well attended and I'm sure the one in August will be too.

Sally is a driver trainer for Humberside Fire and Rescue and she will be giving us a talk on their driving techniques and how she trains the fire fighters to get to their jobs as quickly as possible but at the same time in a safe manner. As well as her talk,

Sally will be bringing a fire engine with her, so we will all have the opportunity to have a good look around it at all the equipment it has to carry as well as the instruments the fire fighters use whilst traveling, to get as much information as they can about the job they are going to on route. I remember before the lockdown, we had a talk from a policeman who had brought one of the speed detector vans with him and the interest in that was really good, so we're hoping there will be a good turnout for this social night and I'm sure Sally will be really pleased to see us all too!

Did I mention our next Social Night??.....

24th August 2022, 7.30 at the Redbourne Club in Scunthorpe – pop it in your diary and we'll see you there!

Best wishes

Jan, on behalf of Terry Heath, Chairman.

Observer Team News July 2022

Hello to all group members and welcome to our news!

Since our last update, the team are working well and progressing with our associates. We have seven associates all at different stages of their Advanced Driver Course. (numbers are correct as of June 7th 2022). As always, we wish you well as you gain those very welcome new skills.

We are sorry to say that Allen Hardman has stepped down from the group and subsequently his role of Chief Observer. Allen, the team and the group are sorry to see you go and we thank you for your input and I would like to mention your valued help in getting the regular team meetings underway. We all send you our good wishes for the future.

Now, being short of a Chief Observer, the committee have asked me if I will take on the role of which I am pleased to accept. By taking on the Chief Observer position, I consider that it can work well with the Observer Trainer job that I already hold. Following that, should anyone need any help or advice regarding advanced driving, please get in touch and be assured, if I have not got an answer to hand I will do my best to find out. Another Observer Team member may have the answer even if I don't. We are all happy to help if we can. Due to unforeseen reasons, our June outing with the MDU was cancelled and is re-planned for mid-August. See Newsletter Contacts page. As you are aware we need new associates and with the £95.00 promotion still available, now is a good time to join up, so, if you know anyone who might be interested now is the time to let them know. Lastly, Our next Observer Team meeting will be planned for Tuesday 2nd August via Zoom at 7:30pm. Confirmation emails will be sent in due course. Meanwhile, enjoy the lovely sunshine and Safe Driving. On behalf of the Observer team, Paul Cassell

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The views and opinions expressed in this newsletter are those of the individual writers and not necessarily of IAM RoadSmart, nor the Scunthorpe and Grimsby group.

SOCIAL MEETINGS

The following are dates for our 2022 Social Meetings: Redbourne Club, Scunthorpe

24th August, 26th October.

NEXT ISSUE

August 2022

If you have any articles, photographs or anything you feel may be of interest for the **August** edition, please feel free to email me at
publicity@scunthorpegrimsbyadvancedmotorists.org

no later than
15th August please.

Scunthorpe & Grimsby Advanced Motorists
Find us here:



[WEBSITE](#)



Scunthorpe and Grimsby
Advanced Motorists



@SAGAM

Committee Meeting Dates for 2022 are:

13th July; 10th August; 14th September; 12th October; 9th November; 14th December.

PLEASE NOTE: Meetings are to be held via Zoom until further notice.

We will warmly welcome nominations for anyone who would like to join our committee

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John Wigmore
07751 608 127

Our MDU is out on the 20th August at Sainsburys, Scunthorpe between 09.30 and 16.30

St. Swithun – The Man Behind the Legend.

Well, the year is half over, and St Swithun's day (15th July) is fast approaching. We will all be familiar with the old adage that if it rains upon St. Swithun's Day, it will rain for forty days and forty nights. But who was St. Swithun, and where did the saying come from?

For a definitive answer we need to start a look back to the ninth century, and the years leading up to his death in 863AD. Swithun became bishop of Winchester upon his inauguration on 30th October 852, and remained in that post until his death on 2nd July 863. During his lifetime, he constantly humbled himself and left instruction that upon his death he was to be buried in the church yard, rather than be afforded the honour more fitting a Bishop, of a burial place inside the cathedral. His grave was to be *"where it might be subject to the feet of passers-by and to the raindrops pouring from on high."*

His followers complied with his request, and all went well for more than a hundred years, until the tenth century saw church reform instigated by two leading figures in the medieval church, Dunstan and Æthelwold of Winchester. The newly rebuilt cathedral was inaugurated on 15th July 971 by which time Swithun's dying request was largely forgotten. The decision was made to move his body to the inside of the new cathedral and a burial site more fitting of a Bishop; the former cathedral of St. Peter and St. Paul was re-dedicated as St. Swithun's Cathedral.

On the day that his body was transferred there was unseasonably heavy rain. This continued for almost six weeks, leading to flooding in the cathedral nave, and the rain only abated when his dying request was remembered and the body of the saint was returned to its outdoor resting place, forty days later on 23rd August. Later, his patronage was removed and the cathedral was re-dedicated to the Holy Trinity. So St. Swithun was afforded a resting place that reflected his humble life.

Thus the British Weather Lore Legend was born, if it rains upon St. Swithun's day it will rain for forty days and forty nights.

- Picture 1 St. Swithun.
Picture 2 St Swithun's Bridge, Winchester
Picture 3 Winchester Cathedral.

Very many thanks go to John Wigmore for supplying yet another extremely interesting article – I am very grateful for your continued input.



St Swithun's Shrine can be found in Winchester Cathedral

The inscription reads:

WHATEVER PARTAKES OF GOD IS SAFE IN GOD. ALL THAT COULD PERISH OF +ST SWITHUN+ BEING ENRICHED WITHIN THIS PLACE AND THROUGHOUT MANY AGES HALLOWED BY THE VENERATION AND HONOURED BY THE GIFTS OF FAITHFUL PILGRIMS FROM MANY LANDS WAS BY A LATER AGE DESTROYED + NO ONE COULD DESTROY HIS GLOR



Fuel cost: How to save petrol and diesel

Making fewer journeys is the most obvious way to save money as the cost of filling up a car hits £100, but how else can you use less fuel? Here are five popular tips from drivers - and whether or not they really work.

1) Is 56mph the best speed to drive?

Many motorists consider driving at exactly 56mph to be optimum for fuel efficiency.

However, there is no ideal fixed driving speed, [according to the RAC motoring group](#).

The 56mph myth, it says, came out of old fuel consumption tests - in a city, at 56mph and at 75mph.

The most efficient of the three was 56mph, which led people to think this was always the best speed.

However, depending on type of car and its size, the RAC says 45-50mph is most efficient.

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Here are five popular tips from drivers - and whether or not they really work.

2) Should I switch off the air conditioner?

If you've ever resisted the urge to reach for the air conditioner on a hot summer's day to save fuel, you were right to do so. Extra energy is needed to power a car's air conditioning system and turning it on can increase your fuel consumption by up to 10% according to the AA. The impact might be more noticeable on shorter trips - that's because the air conditioner has to use more power initially to bring down the inside temperature of your car. Opening your windows might be better, but this creates a separate problem called "drag". This is where your engine has to work harder to compensate for the air resistance created by the open windows. If you're forced to choose between two, the best option will depend on your speed. The air conditioner is probably the better above 50mph because the faster you drive the greater the drag caused by open windows.

3) Does coasting save fuel?

Coasting is when you drive with the car in neutral, or with the clutch pedal held down. The AA recommends against coasting. Not only could it be unsafe (because you can't accelerate out of a tricky situation), the group also says [it's unlikely to save you any petrol](#). It says most cars have electric controls which cut the supply of fuel each time you take your foot off the accelerator - so there's nothing to be gained by coasting.

4) Does cruise control save fuel?

Cruise control - a device which keeps your car at a constant speed without having to use the accelerator pedal - is often seen as a sure-fire way to save fuel, as it avoids unnecessary acceleration and harsh braking. However, this may only be true when it comes to motorway driving - due to the constant flat surface. On other road types you are more likely to come across hills and your cruise control will take time to adjust to the change in gradient, using up more fuel in the process. Normally you take your foot off the accelerator as you begin to descend down a hill, but as your cruise control can't see what's in front it spends extra time using power - leading to worse fuel consumption.

5) Will the wrong tyre pressure use more petrol?

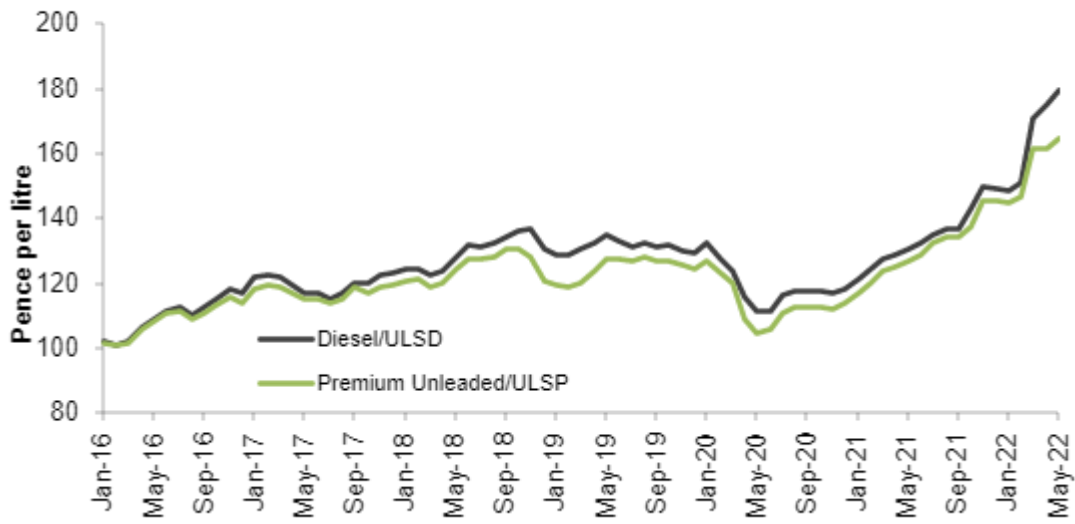
Underinflated tyres will use up extra petrol. The advice is to check your pressures regularly, especially before heading off on a long journey. The correct pressure will be listed in your car's manual, but you may need to increase it to the recommended maximum if you're carrying several passengers and heavy luggage.

However, any extra weight will still use up additional fuel - so leave out anything you don't need.

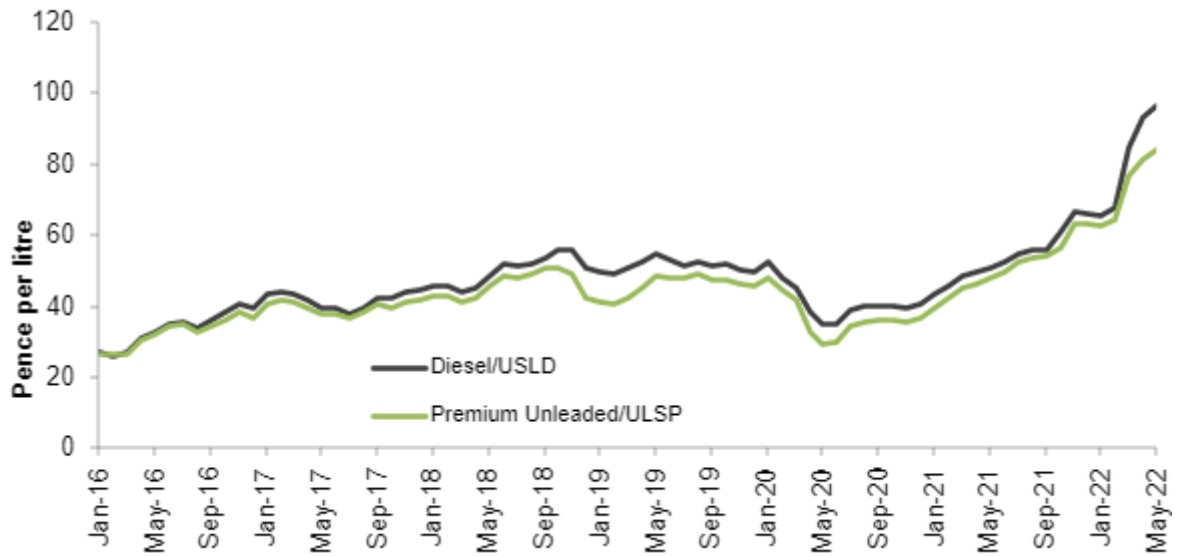
Above information taken from: Fuel cost: How to save petrol and diesel - BBC News

You can see from the following graphs, how much both petroleum products and subsequently petrol and diesel costs have risen in recent months. The average cost of petrol is now at a high of £182.99 with diesel being £192.99. It can also be seen in the third graph, that the rise in prices is throughout the fuel spectrum.

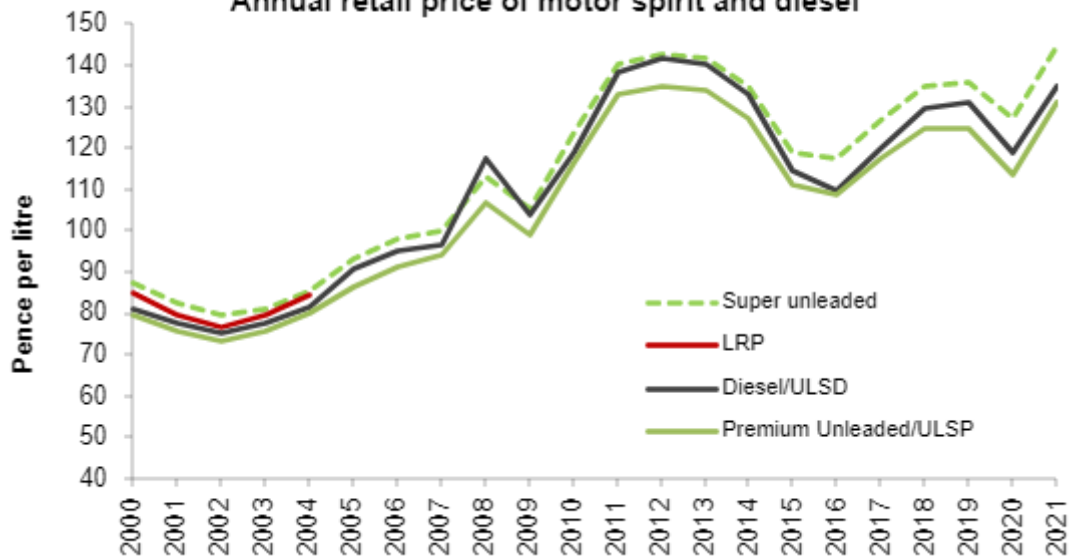
Typical Retail Prices of Petroleum Products



Price of premium unleaded petrol and diesel excluding taxes



Annual retail price of motor spirit and diesel



Above Graphs taken from GOV.UK

And here are some tips specifically from the IAM on how to lower fuel consumption.....

The ever-fluctuating (and often increasing) cost of fuel is something all motorists would've been noticing over the past year, and that's why IAM RoadSmart has put together their own top tips for driving and riding more eco-friendly, which in turn can help cut the amount of fuel you use.

With the cost of living rising, and the average UK fuel prices for petrol at 182.99 and diesel at 192.99, we're on hand to help drivers save money on filling up and to help avoid some of those unexpected costs when it comes to servicing and repairs. Here you'll find IAM RoadSmart's top hints and tips to travelling more economically. After all, *every little helps!*

Greener driving

Driving smoothly and anticipating situations and other road users as far ahead as possible will help to avoid unnecessary braking and acceleration. Maintain a greater distance from the vehicle in front so that you can regulate your speed, when necessary, utilising acceleration sense and without using the brakes.

When slowing down or driving downhill, remaining in gear but taking your foot off the accelerator as early as possible will reduce fuel flow to virtually zero, in most vehicles.

When accelerating, shift to a higher gear early, even in an auto you can try this where appropriate and always remember high speeds greatly increases fuel consumption too so avoid excessive speed.

Offload unnecessary weight

Removing racks, roof boxes and bike carriers when they aren't in use will significantly decrease air resistance and improve fuel consumption at higher speeds. Try to avoid carrying unnecessary weight on your travels as this will increase fuel consumption –raising your carbon footprint.

Avoid busy periods

If possible, try to avoid driving during heavy traffic. Stopping and starting in traffic needs the use of the first gear and a lot of fuel is used to get the vehicle moving again. So, if you can plan that journey to avoid unnecessary then you could save not only your time, but that expensive fuel as well.

Check your tyres

Keep your tyres well maintained by checking the condition, pressure and tread depth. An underinflated tyre will use more fuel. When it comes to choosing new tyres, it's worth having a look at ones which are designed for extra economy. If you're unsure on how to check your pressures, then check out [Tyre Safe](#) who offer a range of resources for vehicle owners. However, it is always advisable to check the setting recommended by your vehicle manufacturer, and this can be found in your handbook. Consider changing to the high speed or load settings if you are on a long journey.

Avoid short journeys

During colder months, as your engine is trying to warm up it uses more fuel for the first four miles or so. Your engine stays cold when you drive less than two miles, and your car will produce 60% more pollution than a warm engine. The [National Travel Survey 2020](#) found 25% of trips were under 1 mile, and 71% under 5 miles, so could you consider leaving the keys at home and avoid those short journeys where possible?

Keep it low

By keeping your speed low, you can reduce fuel consumption by up to 25%. Try pressing more lightly on the accelerator, often you can maintain the same speed with less pressure on the pedal. You'll soon see the mpg increasing.

Read the road ahead

Look to the road ahead and plan your next move. Instead of being in situations where you find yourself needing to be heavier footed on the brake, try slowing down as you approach the red light or junction, if you can keep the vehicle rolling slowly all the better. It's also recommended to avoid hard acceleration when moving your car from a complete stop, or climbing a hill as it will increase fuel consumption.

Limit your use of climate control

Air conditioning (AC) is the single largest contributor to lower fuel economy during the summer. Under very hot conditions, AC can reduce a vehicle's economy by a whopping 25%. Since air conditioning systems run off the engine, they often sap power and fuel efficiency in the process, so if you don't need it on then you may eke out a few extra mpg if you turn it off. If you do need it then it's worth using sparingly.

Richard Gladman, Head of Driving and Standards at IAM RoadSmart, said:

"Advanced driving techniques with sound observation and planning lend themselves well to helping with fuel economy. Smooth and gentle acceleration and early upward gear changes will also help you to save fuel. It's also worth making sure you are not carrying any excess baggage (do you really need your full toolbox in the boot?) or wind brakes such as roof boxes/bars or cycle racks, remove them when they are not needed, and this will also help to reduce fuel use. At low speeds an open window may work as well as air conditioning and will probably use less fuel, but this will change as speeds increase and drag rises. But of course, the biggest saving of 100% will be if we can cut out the short journeys – that few hundred yards to the shop may just be the start of my new fitness campaign."

Above articles taken from the IAM website. *Fuel costs correct at going to print.

As everything we need is on the increase, below are some tips to help us to save money on the energy we use.

What can you do to help with rising energy costs?

What's available to help me cope with my energy costs?

Households in England, Wales and Scotland will receive a one-off £400 grant from October for their energy bills. This won't need to be paid back. The previous £200 government loan has been scrapped. The £400 payment should be debited to your energy account if you pay by credit or direct debit. If you have a prepayment meter you should have the money applied to your meter or you should receive a voucher. You should receive the payment over a six month period. If you're renting and the energy account is in your name, the rebate should be debited to your energy account or to your prepaid meter over a six month period. If your landlord deals with your energy bills, it's worth speaking to them about what happens when they receive the rebate. You could also receive benefits such as: A £650 payment if you're on means tested benefits: A one-off £300 pensioner cost of living payment: A £150 disability cost of living payment. Find out more about cost of living support at [GOV.UK](https://www.gov.uk).

What can I do to save energy?

You can still save on energy, here are some tips* and how much you could save:

- Taking 4-minute showers could save £70 a year
- Switching devices off standby could save £55 a year
- Running one load of washing less a week at 30 degrees could save £28 a year
- Air drying your clothes could save £60 a year
- Not overfilling the kettle could save £36 a year
- Turning off lights could save £20 a year
- Running one less dishwasher load per week could save £14 a year

It's also worth taking regular [meter readings](#) to make sure your bill is accurate.

*Figures taken from the Energy Savings Trust which were updated in March 2022. These prices are typical saving per year for a three bed-roomed, gas heated me in Great Britain. The prices for gas and electricity are based on the April 2022 energy price cap. Water savings are based on average occupancy. According to the energy saving trust, this household could spend £1,970 on energy annually, including the standing charge.

Above information taken from Confused.com.

However, as the cost of living crisis continues, the IAM has produced worrying information regarding motorists debating whether or not to cut costs by cancelling their breakdown insurance in a bid to cut back on outgoings. See page 16 for more information.

Competition! Did you guess what car this is?



Paul Cassell sent me this photo of the front of a car he saw at the Barton Classic Car Show. I needed the maker, the type and I also asked if you knew the dates it was manufactured between!

However, we didn't have any takers so I can only presume no-one knew the car type or name which is a bit strange as I know you could be one of our many car buffs!

Well never mind - It is an Austin A40 Farina, by the British Motor Corporation between 1958 – 1967.

Did you know that but was too shy to send in? Please don't be – I really want feedback and interaction between us so if there is anything you would like in the Newsletter, PLEASE send me an email.

Did you know the IAM provide Webinars on various topics to assist members and non-members with driving?

We believe webinars are a great way of interacting with our members across the UK, broadcast and watched live together. Our webinar topics have been selected by members, for members and usually include live polls, videos, interactive Q&A sessions, and plenty of useful information. See our schedule of upcoming webinars below - we'll let you know through our member newsletter when registration is open.



Want to re-watch one of our previous webinars? Use the link below:

[View our webinar archive >](#)

A little bit of what you fancy! - Easy Cherry Jam

Ingredients

- 2kg cherries , pitted, ½ roughly chopped, ½ halved
- 1.2kg jam or preserving sugar (with added pectin)
- 2 lemons , juiced

Method

Put two saucers in the freezer for testing the jam later on.

Tip the cherries, sugar and lemon juice into a large, heavy-based saucepan and simmer uncovered over a medium-high heat for 35-50 mins, stirring frequently until thick and glossy.

After 35 mins, spoon a little of the jam onto one of the chilled saucers. Leave for 1 min, press a fingertip into the jam. If it starts to wrinkle, it's ready. If it slides away, continue to boil the jam for 10 mins, then test again on the other saucer.

Spoon the jam into sterilised jars and seal.

Will keep for six months unopened (when stored in a dark, cool place), or opened in the fridge for three months.



SUPPORT YOUR FAMILY & FRIENDS TO BECOME AN ADVANCED DRIVER

To receive your application form please send your name and contact details along with your payment to:

Mr M Gothard
7, West Green
Messingham
North Lincs
DN17 3QT

Cheques should be made payable to:
The Institute of Advanced Motorists
For more information contact: Terry Heath on:
01652 655601 or visit our website

www.scunthorpegrimsbyadvancedmotorists.org

Tell your friends and family now, for them to take advantage of our current offer at the subsidised price of £95.00

Can You Get A Free Smoke Detector From The Fire Service?

Getting a **free** smoke detector from the fire service depends on the county which you live in and your local fire service policy on free smoke detector installation.

In many cases, certain eligibility requirements must be met, an example of some of these requirements are:

- **You're over 75 years of age.**
- **You or someone you live with is disabled.**
- **You or someone you live with are classed as vulnerable.**

Self And Well Visits

Almost all fire services in the UK are part of the **Safe And Well Initiative**.

Humberside Fire and Rescue Service offers free home safety visits. This involves a member of our staff visiting your home and offering fire safety advice for you and your household. They may be able to install your smoke alarm for free. To **see if you are eligible for one of these visits**, please call 0300 303 8242 or visit www.humbersidefire.gov.uk

When you ring – Please have your details to hand.

- Tel Number.
- Address with postcode.
- Age(s) with any disabilities.
- Type of Property – House – Bungalow – some properties may not be in the scheme.



**Please note: Image to the left is taken from Internet and is not intended to represent a fire alarm from Humberside Fire & Rescue

Please, Please do this !!! It may saves someone's life

Many thanks to **Peter Batty** for sending me the above article which ties in very nicely with the **Social Night on August 24th**. We will have a representative from **Humberside Fire and Rescue** to give us a talk on how the drivers of the fire engines are trained. This promises to be an excellent night so please come along, enjoy listening to the presentation and then have a good look around the **fire engine** which will be made available to us.



SCRUMMY yummy

SANDWICH SHOP

278, Pelham Road, Immingham, North East Lincolnshire



We are a small family run business, serving the whole of Immingham and surrounding areas including the Docks, Offices and Households. All our food is home cooked and freshly prepared daily, making for a very busy environment!

Our delicious, Scrummy Yummy Steak Pie is well known throughout the area and beyond and our Sunday dinners are so yummy and so in demand! Our staff and products were featured on Estuary TV and latterly noted by Compass FM in 2018 as one of the best.

Why not come and try us for yourself?

Call 01469 577172 or have a look at our website at

www.scrummyyummy.net



Mmmmmmm....Have you been Scrummy'd yet?

Show us photo identification along with your current IAM membership card and we'll give you 10% off your order!

Info from the IAM...

Driven mad.....Where do Britain's angriest motorists live?

The places where Britain's angriest drivers live can now be revealed - and Londoners are far more hot-headed while behind the wheel than drivers any other region, new research reveals.

Commissioned by the UK's leading independent road safety charity, IAM RoadSmart, the survey discovered that 58 per cent of Londoners find themselves getting angry at other drivers when they make mistakes. And with 2.5 million licensed cars in London, this could represent up to 1.4 million drivers losing their cool on the capital's roads.

Meanwhile, residents of Northern Ireland and West Midlanders were the second most prone to road rage, with 45 per cent and 44 per cent respectively admitting they also get angry at other drivers.

Conversely, Scottish drivers were in fact the calmest drivers, with just a third (32 per cent) of motorists north of the border admitting they are prone to road rage. The Scots were closely followed by drivers from the North-West (33%) and **North-East of England**, with 33 per cent and **36 per cent of motorists from this region confessing to feeling angry behind the wheel**, respectively.

And it appears motorists' anger while driving is also leading them to sound their horns inappropriately, with over half (56 per cent) of Londoners stating that they are likely to sound their horn at a motorist who is driving too slowly in front of them.

This compares to just one in ten (10 per cent) of Welsh motorists and 14 per cent of East Midlanders who sound their horn at slower drivers.

Neil Greig, Director of Policy and Research at IAM RoadSmart, commented:

“In the UK we have some of the busiest and most congested roads in Europe, perhaps making feelings of anger much more likely, and our research shows that this can be clearly observed in some regions more than others. Having said this, our research demonstrates that far too many motorists are putting the safety of themselves, as well as other road users at risk by succumbing to road rage, with Londoners in particular struggling to keep their cool on our capital’s busy streets”

Neil concluded with some advice for any drivers who are prone to rage while driving:

“While feeling angry may be a totally natural response to another road user acting recklessly or dangerously, everyone is responsible for maintaining their composure in such instances so that the situation isn’t made any worse. So, for the benefit of yourself and others, take a mindfulness moment, keep calm and motor on!”










The following tables are taken from the IAM email sent out on the 15th June 2022

Do you find yourself getting angry at other drivers when they make mistakes?	
Region	NET: Often
London	58%
Northern Ireland	45%
West Midlands	44%
South East	42%
Wales	41%
Yorkshire	39%
East England	39%
South West	37%
East Midlands	37%
North East	36%
North West	33%
Scotland	32%

How likely are you to sound your horn at a driver who is driving too slowly in front of you?	
Region	NET: Likely
London	56%
South East	25%
Scotland	23%
West Midlands	22%
East England	22%
North East	22%
North West	21%
Yorkshire	20%
Northern Ireland	20%
South West	20%
East Midlands	14%
Wales	10%

All percentages are rounded to the nearest decimal *

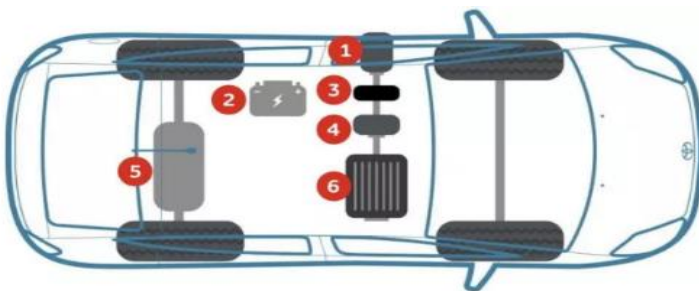
There is no doubt that Laughter is the Best Medicine.....

- What type of exercises do lazy people do? Diddly-squats 
- What do you call a pony with a cough? A little horse! 
- What is Forrest Gump's password? 1Forrest1. *Forrest!* 
- Why did the M&M go to school? He wanted to be a Smartie. 
- What did one traffic light say to the other? Stop looking at me, I'm changing! 
- What do you call bears with no ears? B. 
- What's a foot long and slippery? A slipper! 
- Why do French people eat snails? They don't like fast food! 
- What's red and moves up and down? A tomato in an elevator! 

Did You Know? – How the Electric Car Works?

Toyota have released information on how Hybrid Electric Cars work, and when it comes to Hybrid cars, the company has revolutionised and innovated the market for over 25 years. In that time, they have saved more than 120 million tonnes of CO₂ worldwide, compared to equivalent petrol engines. With high performance and dynamic innovation in our DNA, their range of stylish hybrids are enjoyed by over 15 million drivers globally.

Thanks to the combination of an electric motor and a responsive petrol engine, Toyota Hybrid cars are fun to drive and all models seamlessly switch between electric energy and a blend of petrol and electric power to optimise driving performance. The self-charging hybrid system, with no need to plug-in, means you can drive like you always have. The Toyota Hybrid Electric Vehicle offers the versatility to drive using either electric energy or a combination of petrol and electric. It has both a fuel tank and larger battery which is **self-charged by the vehicle** when in use.

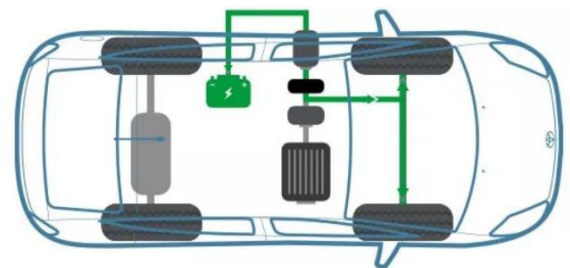


- | | |
|----------------------------|----------------------------|
| 1 Electric motor/generator | 4 Electric motor/generator |
| 2 Battery pack | 5 Fuel tank |
| 3 Power split-transmission | 6 Petrol engine |

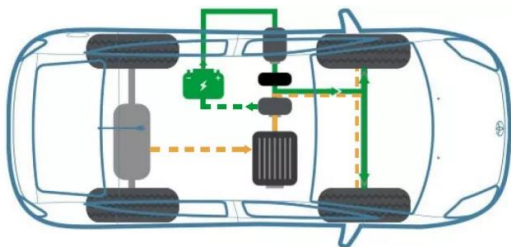
Using the diagram on the left, learn from the information below how a hybrid car's petrol engine and electric motor work together in different circumstances to give you the best possible mileage.

How does a hybrid car work when pulling away from a stop?

This is one of the main reasons why hybrid cars are more efficient for city driving than a conventional petrol car. The electric motor powers the car, drawing on the battery for the power. Typically, up to 15mph and in reverse the vehicle only ever uses the electrical motor for drive.



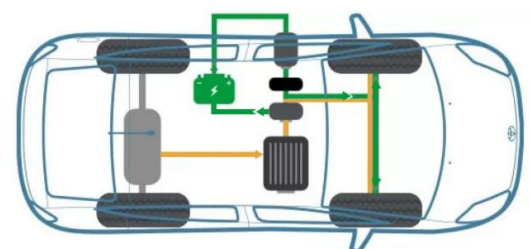
How do the hybrid engine work during normal cruising?



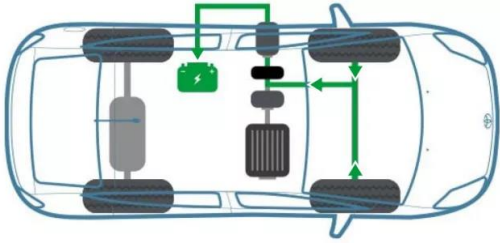
This is where the vehicle is at its most efficient. It is powered by the electric motor and a petrol engine to further support the electric motor, or to convert excess power into electricity that can be stored in the battery for later use.

How do hybrid cars work during heavy acceleration?

Both the petrol engine and electric motors work together to increase power to the wheels. At the same time the petrol engine also powers the generator and the electric motor uses electricity from the battery and generator as needed.



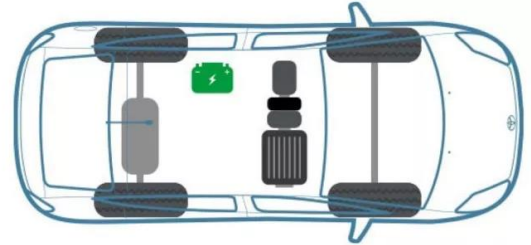
How do hybrid cars work during braking and cruising?



When you brake or you take your foot off the accelerator, Toyota Hybrid cars use a clever system called 'regenerative braking'. As the car no longer needs to apply power to the wheels it allows the spinning wheels to power the vehicle's generator, which produces electricity and stores it in the battery for later use.

How do hybrid cars work when reaching a complete stop?

Both the conventional engine and electric motor turn off and the car switches to battery power to run everything it needs to – radio, air conditioning, lights etc.



Above Info taken from the Toyota site

So there you have it; the way a hybrid car works...I didn't know that - did you?



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Laughter is the Best Medicine.....

Due to these ridiculous gas prices I will no longer be stopping at stop signs or red lights. I can't afford to idle. Thank you for your understanding and stay safe 🤖 Lol

**If you get a LOAN at a bank, you'll be paying it back for 30 yrs.
If you ROB a bank, you'll be out in 10 yrs.
Follow me for more financial advice**



Thanks to Terry Heath for supplying the above

Info from the IAM

As the cost-of-living crisis deepens, millions of motorists are now considering cancelling their breakdown insurance in a bid to cut back on everyday outgoings.

Research commissioned by the UK's leading road safety charity, IAM RoadSmart, has revealed that one in five (21 per cent) of the 1,000 drivers surveyed are considering cancelling their vehicle's breakdown cover. Worryingly, this figure means that millions of drivers across the nation could find themselves stranded by the roadside, without cover in the event of a vehicle fault or accident.

Perhaps unsurprisingly, half (50 per cent) of 18–24-year-olds surveyed stated that they have considered cancelling their cover, in stark contrast to just 14 per cent of 55–64-year-olds and seven per cent of drivers over 65.

Answers also varied according to region, with nearly half (44 per cent) of Londoners stating they are considering cancelling their cover, making them the most likely to cut costs. This compares to just one in ten (10 per cent) of residents from the North East.

Neil Greig, Director of Policy and Research at IAM RoadSmart commented:

“Most fatalities on motorways involve a stationary vehicle, so having cover means you are more likely to be rescued quicker, reducing your chances of being hit on the hard shoulder or in a running lane. Having said this, households up and down the country are being forced to cut back on everyday outgoings in an effort to balance the books, and our findings reveal that breakdown cover could be one of the first expenses to be axed by drivers. So, while we will always urge motorists to take out breakdown cover, those who are unable to afford it during such straitened times should carry out a series of regular vehicle checks themselves, which may prevent any avoidable breakdowns. These include ensuring engine oil is topped up, checking tyres daily, practising good driving habits and paying attention to warning lights and strange noises. As the adage goes, prevention is better than cure, so by following these simple steps motorists can ensure they avoid spending money on unnecessary repairs, or time on the hard shoulder, waiting for a recovery vehicle!”

To learn more about IAM RoadSmart, visit www.iamroadsmart.com.

UK's largest road safety charity IAM RoadSmart welcomes progress on smart motorways

****Statement from Neil Greig, Director of Policy and Research, IAM RoadSmart****

“One death on a smart motorway is one too many, so we welcome today's update (16/05/22) from National Highways on the Smart Motorway Stocktake and Action Plan, outlining their progress on delivering safer smart motorways.

We are now seeing the delivery of safety technology that was promised when the motorway designs were first proposed. Later this year, every existing smart motorway will have stopped vehicle technology (SVD) fitted to alert drivers of incidents ahead. Combined with a 50% increase in emergency refuges by the end of 2025, increased signage and upgraded enforcement cameras, smart motorways can now be seen as a much safer way to travel.

For these systems to keep drivers moving safely, the measures must be reliable. IAM RoadSmart supported a 5-year moratorium on new smart motorway building to allow a full safety picture to be evaluated and real-world lessons to be learned. National Highways must now use this time to drive down casualty rates even further and improve the maintenance and performance of its often-ageing safety related infrastructure. Statistics may show that smart motorways have fewer fatal crashes than conventional motorways, but far too many drivers don't feel safe on them. It is vital that National Highways build on this report to keep the public informed and continue to raise awareness of how to drive safely on smart motorways, so drivers feel confident to use these major national routes rather than avoiding them and travel on riskier A-roads”



You can email, tweet or post a letter to the following addresses; Terry Heath, 48, Vicarage Ave, Wrawby, Brigg, North Lincs. DN20 8RY Email: terryheath@sky.com Twitter: @ANDGRIMSBY



20% Discount on Advanced Driver & Rider courses with:
Lincoln IAM, Lincolnshire Advanced Motorcyclists &
Scunthorpe & Grimsby Advanced Motorists.



As a current member of any of the above groups, you will receive a 20% discount when you sign up to an Advanced Driver or Rider Course in Lincolnshire.

HOW TO CLAIM - Contact us on the details below, quoting the group name of your choice and we'll sign you up - A.D. Course, Lincoln IAM: Tel: 0300 365 0152 or lincolniam@gmx.com

A.R. Course, Lincolnshire Advanced Motorcyclists: Tel: 01427 616864 or lincs-am-sec@pobroadband.co.uk

A.D. Course, Scunthorpe & Grimsby Advanced Motorists Tel: 01652 655601 or terryheath@sky.com

****Important message from Dave Cave at Humberside Police - My Community Alert****

Please be aware of a scam that was circulating on North Bank which I would like to share with you and offer some crime prevention advice. Humberside Police received 2 reports from members of the public who have spoken to someone on the phone (a withheld number) saying that they are from Humberside Police and are ringing to let them know that their switch card has been used fraudulently in either Pocklington or Market Weighton.

The caller appears to know where they live and then asks them to ring back immediately on 999 and ask for a Detective Constable who is dealing with the incident (different names but the same collar number have been provided as the contact to speak to). This is a scam call as we would not ask you to ring the Emergency number 999 to speak to an Officer about an investigation, also the collar number of the Officer given out is false and doesn't match any Detective Constable.

Please do not give out any personal details or bank/ card information during the call. **The bank or the Police will never ask you for financial information.** If you are asked to do any of these things, someone is trying to con you!! If in doubt, call back the organisation on a number you trust, but do it on another phone or leave it at least five minutes before you make the call. This is important because criminals are able to keep the phone line open for several minutes after you put down the phone, which means you could end up inadvertently talking to the criminal or their accomplice again.

Please share the above with family, friends, neighbours and on social media.

Although this is not in our area, I felt it important to let you know about it so you are aware, should this caller decide to prey on people in the Scunthorpe/Grimsby and surrounding areas – Jan





If you rely on your car (and who doesn't?) you may dread the day you feel you can no longer get behind the wheel. Keep these tips in mind and that day may never come...



Drive regularly

It's all too easy to get out of practice with driving, especially if you tend sit in the passenger seat when you go out with family. So try to take the car for a little spin at least every other day in order to keep your hand in, even if you're just nipping to the shops. This way you won't end up going weeks without taking the wheel, and you're less likely to lose your confidence. [Secret driving tips from a chauffeur](#)

Relearn the ropes

When did you pass your driving test? Odds are that quite a lot has happened since then, and the roads – and the cars we drive on them – have changed substantially. There's no shame in taking a refresher course to make sure your skills are as sharp as they could be, and get advice on how to stay on the road for as long as possible.

Make a change

If your grip isn't as strong as it was, or your legs tire easily, you could swap from a manual car to an automatic. For a bit more of an assist, look at some special adaptations for your car, including an electronic accelerator that sits behind the steering wheel so you can control the car's speed with your hands instead of your feet, or an easy release handbrake that means you don't have to use your thumb to press the button.

Driving Past Your 70th Birthday

Many people are driving at 70, but there are some rules you must be aware of if you drive after 70 - like making sure to renew your driving licence! Drivers of 70 and above, many of whom have decades of accident-free motoring behind them, are generally safe drivers.

Indeed, a policy paper published by ROSPA (The Royal Society for the Prevention Of Accidents) in 2015 reported that people still holding a driving licence at 70 are no more likely to be the cause of an accident than any other age group. However, as you get older, there are a few rules that you need to be aware of when driving – not least of which is making sure to renew your driving licence at 70, as otherwise it will expire. Many drivers believe that their driving licence is for life, but that is not the case. Even younger drivers need to renew their driving licence every 10 years to get the photo on their photocard licence updated.

Everyone has to renew their driving licence – and will receive a photocard licence instead of a paper licence, if they haven't had one before – when they turn 70, even if their details haven't changed. As well as renewing your driving licence, there are a few things the law says you must do if you intend to continue driving after 70, as well as some things you might like to consider doing in order to ensure your safety and that of your fellow drivers.

How do I Renew my Driving Licence after 70?

The DVLA will send you a D46P application form 90 days before your 70th birthday – if your details are up-to-date. If you haven't notified the DVLA of a change of address – itself an offence – you may find yourself in breach of the law by getting behind the wheel without a current permit to drive.

What if I don't receive my D46P application form?

Even if you've been very conscientious and informed the DVLA of every move, don't rely on receiving a renewal reminder, as not having received the form won't be accepted as a reasonable excuse for not renewing your driving licence should you get caught out. If you don't receive a form to renew your driving licence, you can visit the Post Office to pick up a D1 application for a driving licence form – this can't be

downloaded from the internet as it includes features that can't be printed; but if you'd rather renew your driving licence in the comfort of your own home, simply apply online.

How do I renew my driving licence online?

It's not an onerous task; in fact, renewing your driving licence online is pretty straightforward on the gov.uk site: [Renew your licence at age 70 and over](#)

If you haven't used the online service before, you'll need to register with an email address, your home addresses for the last three years and your National Insurance number. While you're at it, you can change your driving licence photograph at the same time, which is a good idea if your appearance has changed drastically since you last applied for one. If you do this, you'll also need your passport number to hand.

How do I renew my paper driving licence?

If you're updating your licence for the first time since 1998, you'll need to upgrade from a paper licence to a photocard licence. You can fill in the form as usual, but you'll also need to enclose an up-to-date photo - the kind you'd use for a passport. If you want to apply online, you'll need your passport number.

When will I receive my renewed driving licence?

If you renew a driving licence online, you should get your new licence within a week of applying – another advantage over renewing your driving licence offline, as that may take up to three weeks.

Can I drive before my renewed driving licence has come back to me?

Essentially, so long as none of the conditions surrounding your old, valid driving licence have changed, then you can continue driving whilst your driving licence is being renewed, but if you're worried, the DVLA has a handy leaflet you can refer to here: [Can I drive whilst my driving licence application is with the DVLA?](#)

You must meet the minimum eyesight requirements to continue driving after 70

When you renew your driving licence, you'll be prompted to confirm that your eyesight meets the minimum requirements. The requirements aren't too strict; as a guide you should meet them if you can read a standard car number plate (wearing glasses or contact lenses if you normally wear them) at a distance of twenty metres. You also need to have an adequate field of vision and meet the demands of the Snell Test (the one where you read rows of letters in ever-decreasing size), so now might be a good time to visit your optician and ask them to give you an eyesight test to put your mind at rest. When your renewed driving licence arrives, take a moment to check the details carefully. If the code '01' appears on the back of your driving licence, it means 'eyesight correction', and you'll need to make sure you always wear your prescription glasses or contact lenses when behind the wheel. It's important to answer honestly when completing the form to renew your driving licence, as you may otherwise be fined or prosecuted if you are involved in a car accident.

[Would you pass your driving test if you took it today?](#)

You must notify the DVLA of any significant changes in your health. You must tell the DVLA if you have a 'notifiable medical condition', or if such a condition has worsened since you last renewed your driving licence.

What conditions should I declare to the DVLA?

Notifiable conditions are anything that can affect your ability to drive and include:

- Epilepsy
- Heart conditions
- Parkinson's Disease
- Strokes
- Other neurological and mental health conditions
- Any physical or visual impairments.

Bear in mind that if you have a condition to reveal to the DVLA, you'll also need to inform your car insurer. Ignorance of worsening conditions should not be used as an excuse, so take the opportunity for a medical check up to [take control of your health](#) just before your driving licence renewal date rolls around.

What happens after declaring my medical condition to the DVLA?

The DVLA will get back to you with a decision within 6 weeks, or send a letter if their decision is likely to take longer than that. In the meantime, they may contact your doctor or consultant, arrange an examination for you, or ask you to take a driving assessment or test, or an eyesight test. Whilst you wait for their decision, you are usually able to remain on the road - unless your licence was revoked - though obviously, if you feel your safety or the safety of others is at stake, refrain from driving.

Will I lose my driving licence after declaring my medical condition to the DVLA?

Whether you lose your driving licence or not depends on the severity of your condition and the impact it could have on your ability to drive. Telling the DVLA and voluntarily surrendering your licence will usually make your application for a new licence happen much faster.

What happens if I just don't tell the DVLA about my medical condition?

Not telling the DVLA and continuing to drive will mean your driving licence is invalid, and so is your car insurance. You could also be fined up to £1000 and have your licence revoked, which makes getting it back much harder - so it's always worth being upfront with any significant changes to your medical well-being. Plus, if your doctor knows about your seizure and also knows that you are endangering yourself and others by continuing to drive, they can break doctor-patient confidentiality in order to inform the DVLA, though they must tell you that they are going to do this.

You could consider taking an IAM driving assessment

If you find yourself becoming a slightly nervous driver as you approach 70, you might be interested to learn that The Institute of Advanced Motorists (IAM) offers a 60-minute Mature Driver's Assessment for £65. This is undertaken in your own car and on roads you'll be familiar with and is designed to pinpoint your strengths and weaknesses, along with areas for development. It's completely confidential and won't be shared with anyone else. Who knows, it might prompt you to take the IAM's Skills For Life course, the starting point for your new journey as an advanced driver!

As you can see, getting older doesn't mean you can't stay mobile. The wealth of experience you've gained over the years will help offset slightly slower reflexes and, with a little forethought and care, there is no reason you can't continue driving after 70 for many years. And even if you aren't yet approaching 70, check your driving licence is still valid. Regardless of how far off your 70th birthday it, it's always worth checking your driving licence is still valid. Over two million motorists are taking to the road with out-of-date licences, an offence that can attract a fine of up to £1,000. Between 2010-2013, some 734,000 drivers paid out £41 million in fines, averaging around £56 a time and obviously it has gone up since. You want to make sure you don't join their ranks. Your criminality will be compounded further because if you drive without the requisite permit, you are almost certainly driving uninsured – another offence. Finding out when your driving licence expires isn't necessarily an easy task. There's no obvious clue, such as the words 'expiry date'. You need to look for a number sequence that follows the characters '4a' and '4b' on the card. The numbers following '4a' denote the date when the card is 'valid from' and '4b' is the date when it is 'valid to'.

Are paper licences still valid?

June 2015 saw the abolishment of the paper counterpart to the photocard driving licence - so what does that mean if you only have a paper licence? If you have both the paper counterpart and the photocard licence, then the paper counterpart holds no legal status and can be destroyed; however, if you received your paper licence before 1998 and have no photocard licence, your paper licence is still perfectly valid - until your 70th birthday, when you'll need to update to the photocard driving licence. Your old paper counterpart used to record any penalty points, so if you want to check how many penalty points your driving licence has now, you can do this online here: gov.uk/view-driving-licence. You may also have to do this if you wish to hire a car, as it will generate a code the hire company can use to check your penalty points online.

Above information taken from SAGA

Drive Safe and Stay Within the Law

Canada Day

1st Jul 2022

The national day of Canada. It celebrates the anniversary of July 1, 1867, the effective date of the Constitution Act.

Alice's Day

2nd Jul 2022

Annual celebration of the much loved classic children's book Alice's Adventures in Wonderland by Lewis Carroll.

[Website](#)

American Independence Day

4th Jul 2022

Celebration of the independence of the United States of America.

[How To Celebrate Independence Day](#)

World Chocolate Day

7th Jul 2022

Celebrations of all things chocolate!

– [I Love You More Than Chocolate](#)

Eid ul-Adha

9th Jul to 10th Jul 2022

This Muslim festival remembers the prophet Ibrahim's willingness to sacrifice his son when God ordered him to. It is celebrated by prayer and visiting family and friends.

Bastille Day

14th Jul 2022

French national day, celebrating the storming of the Bastille prison in Paris, which signalled the start of the French Revolution.

St. Swithuns Day

15th Jul 2022

According to legend, if it rains today, it will continue to rain for 40 days and 40 nights. See also page 4.

Commonwealth Games 2022

28th Jul to 8th Aug 2022

The Commonwealth Games is an international multi-sport event involving athletes from the Commonwealth of Nations. In 2022 it will be held in Birmingham UK.

[Website](#)

Global Tiger Day

29th Jul 2022

An annual celebration to raise awareness for the plight of tigers and the urgent need for tiger conservation.

[Website](#)

Harry Potter's Birthday

31st Jul 2022

Harry shares his birthday with author J.K. Rowling.

[Website](#)

Changes in sentencing guidelines for dangerous driving offences

On 10th May 2022, the government announced it was bringing forward changes to driving penalties to meet its longstanding commitment to ensure the courts have the powers they need to deal with offences involving death by [dangerous driving](#) and death by [careless driving](#) when the offender is under the influence of alcohol or drugs. **The amendments came into force on 28th June 2022.**

The Police, Crime, Sentencing and Courts Bill received Royal Assent on 28 April 2022 and means that the maximum penalty for causing death by dangerous driving, has been increased from 14 years' imprisonment to life imprisonment. The bill also includes an increase to the maximum penalty for causing death by careless driving when the offender is under the influence of drink or drugs from 14 years' imprisonment to life imprisonment.

In addition, the bill also introduces a new offence of causing serious injury by careless driving. The maximum penalty for an individual found guilty of this new offence is two years' imprisonment.

The new offence was created as the law as it currently stands, failed to recognise the harm caused when a driver had caused serious injury by careless driving. A driver was either charged with causing serious injury by dangerous driving or simply with careless driving.

Therefore, the distinction between careless and dangerous driving in cases involving serious injury was incredibly important prior to the creation of this new offence. Dangerous driving requires evidence to support that the standard of a defendant's driving fell far below the standard expected of a competent and careful driver, whereas careless driving only required that a defendant's standard of driving fell below the standard expected of a competent and careful driver. In reality, it is relatively easy to satisfy the definition of careless driving as; driving too close to another vehicle, overtaking on the inside lane, being avoidably distracted by the radio or driving through a red light by mistake are all examples of careless driving. The burden of proof for suggesting a defendant's driving was dangerous is much more onerous.

Under the old law, an incident of careless driving which resulted in serious injury would typically attract a financial penalty with penalty points or a short period of disqualification. The Government argued that this did not reflect the severity and often life-changing injuries suffered by victims. Therefore, under the new law, a defendant could receive a custodial sentence if their careless driving results in serious injury being suffered.



TfL to fine drivers who cross into cycle lanes to improve safety

Fines will be issued from June 27 using existing Transport for London CCTV cameras



[London](#) drivers caught veering into [cycle lanes](#) will now be fined, thanks to new authority given to Transport for London (TfL) by the [Government](#). [Fines](#) will be issued from June 27th for drivers caught within, or crossing, mandatory [cycle](#) lanes and cycle tracks in a bid to improve cyclist safety and encourage more people to pick up the mode of transport.

The cost of the fine will be the same as any other red route penalty charge notice (PCN), so it will be **£160** at full price and **reduced by 50 per cent to £80 if paid within 14 days**.

Drivers will be monitored by TfL using existing CCTV cameras, the announcement on Wednesday said.

Most drivers are already banned from driving within or crossing white lines that mark a cycle lane, but this has so far only been enforced by police. From 27 June 2022, we may issue a Penalty Charge Notice (PCN) to drivers...if you drive over the white line of a cycle lane when not permitted [or] if you stop or park in a cycle lane when not permitted,”

TfL’s website states.

Drivers are already banned from stopping or parking in a cycle lane when not permitted.

The move is part of TfL’s action plan, Vision Zero, to eliminate death and serious injury on London’s road networks.

New powers granted to TfL and London boroughs by the Government allow them to fine motorists who infringe on cycle lanes and cycle tracks in the same way that they currently do for bus lanes and yellow box junctions.

These powers were introduced at the same time as wider national changes giving local authorities in England outside of London the powers to enforce moving traffic contraventions.

More than half of Londoners choose not to cycle because of road safety concerns, TfL said.

“The new enforcement powers will help protect designated space for [cyclists](#) and make the capital’s roads more attractive for Londoners to cycle on, helping to build on the huge increases in cycling seen in the capital since the start of the coronavirus pandemic,” TfL said.

TfL spokesperson Siwan Hayward said the new fines will help to encourage

“a green and sustainable future for London” by making walking and cycling more accessible and safe.

London Cycling Campaign senior policy and development officer Tom Bogdanowicz said it is crucial that the new law is backed by camera enforcement, just as cameras are currently used to keep bus lanes clear.

“It will reduce road danger and further enhance the great value for money that investment in the cycling network brings. Only rental e-scooters within a trial area and pedal bicycles are legally allowed in cycle lanes.

Drivers can cross the solid white line of a cycle lane if turning left or accessing private property.

Above article taken from Evening Standard 29/06/2022

QUIZ TIME

Can you find the BREEDS OF DOGS listed in this criss-cross word search.....

Words can go across or down.
Letters are shared when the words intersect.



SAGAM WORD SEARCH

I	P	V	A	L	L	M	G	F	C	H	O	W	C	H	O	W	D	W	
B	U	L	L	D	O	G	Y	C	O	R	G	I	X	Z	R	C	P	L	
I	G													J	L		A	L	
Y	L	A	D	A	N	O	U	P	M	C	A	L	O	F			G	J	
D	P	P	M	B	A	L	E	Y	B	B	C	H	M	G			O	H	
E	I	D	R							H	A	L	J				O	L	
E	U	D	K	E	C	O	Y	N	I	V	S	Q				L	N		
N	L	A	B	A	A	I	N	B	H	A	N	V				T	Q		
W	T	L	M	D	B	H	D	U	N	F	K					G	T		
L	I	M	A	V	R	M	H	A	E	L	X				L	L			
I	E	A	L	H	H				H	S	X	Z			O	Y			
O	M	T	T	L	P	N	O	X	P	U	E	B	O		B	N			
C	D	I	E	D	O	B	E	R	M	A	N	Q	L		A	K			
E	L	O	S									P	L		S	C			
X	H	N	E	W	F	O	U	N	D	L	A	N	D	W	K	S	B		
F	A	I	E	V	Z	O	R	U	G	X	A	I	O	F	L	E	E		
I	S															T	N		
M	A	L	S	A	T	I	O	N	B	A	K	I	T	A	H	U	A	W	D
J	E	Z	R	F	U	P	L	L	T	C	P	O	O	D	L	E	H	G	S

AKITA ALSATION BASSET BULLDOG CHIHUAHUA CHOWCHOW
CORGI DALMATIAN DOBERMAN HAVANESE LHASA MALTESE
NEWFOUNDLAND POODLE PUG



What am I? I can be cracked, I can be made. I can be told, I can be played. What am I?

Last Months' Answer – The Letter E

And finally.....don't forget to look us up on the links below:



Group Website

<https://www.iamroadsmart.com/groups/scunthorpeandgrimsby>



SAGAM can be found on Facebook at: [@SGAMG1](#)



You can Follow us on Twitter: [@ANDGRIMSBY](#)