

Rider Skills Day: Joining Instructions



The instructions in this document are essential information for the IAM RoadSmart Motorcycle Skills Day events. Please ensure that you:

- **READ ALL INSTRUCTIONS**
- **COMPLETE THE ONLINE DECLARATION IN YOUR WELCOME EMAIL**
- **RAISE QUESTIONS IMMEDIATELY IF ANYTHING IS UNCLEAR 0300 303 1134**

The **COMPULSORY** Safety Briefing will take place at 08:45, with the exception of Knockhill which will be at 12:00. You will not be allowed on circuit if you have not attended this briefing.

Please allow plenty of time for your journey, with a refuelling stop if necessary.

Please park in the designated area. Remove any luggage and loose items from your machine and place them in the assigned area, these items are not allowed on circuit.

Registration opens at 07:45, with the exception of Knockhill which opens at 11:30 please ensure you have signed the Skills Day Declaration via the link sent to you.

Immediately after the Safety Briefing you will select the group you intend to ride in and meet your personal instructor. As an indication the groups are split:

A GROUP: Meant for those who have completed skills days (at this circuit) before and/or have circuit experience and are confident in that environment and/or have undertaken other rider training in a similar environment.

B GROUP: Consider themselves to be improvers. Have some circuit experience, have attended a skills day before. First time at this circuit.

C GROUP: First or second time on a skills day, looking to improve.

When you grade yourself on the day **be honest with yourself** and remember the day is structured to help you with your own skills.

Machine

Your motorcycle must be fully road legal. There is further guidance on machine preparation below. Daylight MOTs are not sufficient. Do not attempt to remove or tape up mirrors or remove or conceal your registration plate.

Insurance

Most vehicle insurance policies specifically do not cover use on a racing circuit. IAM RoadSmart advise you to check with your insurance company regarding the level of cover you have for this event.

The letter prepared by the IAM RoadSmart CEO can be sent to your insurance company. This contains all the information about the day and can help them decide on extending insurance cover for the event.

Whilst Cornmarket are able to cover members to take part at IAM RoadSmart approved driver & rider skills days, there is no cover automatically and you will need to discuss this with them as a possible extension to your policy.

Please note, IAM RoadSmart will always guide you to discuss insurance with your provider and not with our Support Team.

Clothing

Full and approved motorcycle protective clothing is mandatory. Leathers or textile clothing is permitted. Road legal helmets/visors/goggles must be worn. You do not need a Gold ACU sticker just an approved road legal (UK) helmet. DOT only (USA) approved helmets are not permitted.

NOTE: Helmet mounted cameras will not be permitted, but machine mounted cameras will be allowed provided they are securely mounted.

Catering

There are facilities on-site to purchase food and drink, with breakfast available from 07:30 at Thruxton, Croft & Mallory Park. Please feel free to bring a packed lunch if you prefer.

Please bring your own refillable drinking bottle. Please use the drinking water supply at the circuit to top up your bottles, we are trying to reduce unnecessary plastic waste.

Fuel

Arrive with a full tank of fuel. Nearby fuel locations are detailed in circuit specifics.

Conduct

The instruction is based around a set of core competences directly related to The System of Motorcycle Control (IPSGA), which will be explained during the theory briefing and developed by your instructor.

This event is a **Skills Day not a Track Day**, no timing, pace making, or racing will be allowed. You will be expected to ride within your capability. Due respect must be given to all participants, by all participants. Failure to adhere to these criteria will result in a warning; if there are any further infringements the rider will be excluded from the event - no refund will be made.

Cancellations

In case of cancellation of the event by circuit owners, for example weather conditions, it will be our intention to seek an alternative date.

How to prepare you and your motorcycle

You and your motorcycle will be working harder than normal whilst you ride and learn on a Skills Day. Below is a handy checklist we recommend you complete before you arrive to keep you and your motorcycle safe. Don't find yourself stuck trackside completing essential maintenance when you should be learning on the track.

P – Petrol. Arrive with a full tank, you will use more fuel than for normal road riding.

O – Oils. Check of the engine/gearbox oil level. Brake/clutch fluid, when was it last changed? Most manufacturers recommend 2 year intervals – if in doubt refresh it.

W – Water/Coolant. Check the level and mix. When was it last replaced? Most manufacturers recommend 2 year intervals – if in doubt refresh it. Your machine will possibly run hotter than normal during the track sessions.

D – Damage to any part of the motorcycle. Make sure everything is safely bolted together and with no obvious leaks. Any quick release luggage is to be removed and stored at the circuit prior to the track sessions.

D – Drivetrain. For chain/belt drive make sure it is adjusted in accordance with manufacturer guidelines. Chains must be lubricated correctly. Slack, dry or rusty

chains will not be permitted on circuit; they are a danger to you and other riders around you. For shaft drive, service in accordance with manufacturer guidelines.

E – Electrics. Check that they are all working as normal, with all safety systems operating.

E – Exhaust. Due to local noise regulations on non-race days, please ensure your baffles are in and your exhaust is fully road legal, it will be inspected and tested. Overly noisy machines may be prevented from entering the circuit by track officials. See circuit specifics below.

S – Suspension. Make sure that all components are in good condition and correctly adjusted.

R – Rubber. Tyres must be in good condition, with sufficient tread for the day and your ride home. Set them at the manufacturers road recommended pressure. Note – fully road legal tyres only, no slicks are permitted. Check your tyre condition throughout the day. Your tyres are the only bit connecting you to the track!

B – Brakes. Pad/disc condition and wear, consider the end of the day. Are your brakes up to the task?

Y – You. Make sure you are feeling fit and healthy, ready to learn. We have a zero-tolerance policy to drink and drugs. Please rehydrate often, dehydration will affect your ability to operate safely.

E – One last one. Enjoy your day!

Circuit specifics: Thruxton Circuit, Andover

Address: Thruxton Circuit, Andover, Hampshire, SP11 8PW

(Sat Nav users - please use postcode SP11 8PN)

Telephone: 01264 774921

Getting here

From the A303 follow the signs for Thruxton Circuit ONLY; ignore signs for Thruxton village. What3Words *///shirt.probe.doghouse* will take you to the Thruxton Centre.

Main gates open from 07:30. On arrival, proceed through the main circuit entrance, up the hill and then left under the access tunnel. When you exit the tunnel, turn left and park in the vehicle assembly area.

Noise

Strict 98dB(A) noise limit. Noise testing may be in operation prior to being allowed on the circuit and throughout the day by static monitoring points on track. Machines failing the test will be prevented from entering the circuit by track officials, IAM RoadSmart cannot refund your day if you present a machine for noise testing and fail. All questions on noise testing must be directed to Thruxton Circuit direct and not to IAM RoadSmart.

Fuel

There is fuel East on the A303 at Andover or West at Solstice Park Services and Countess Roundabout. There is also a garage in Weyhill. Fuel is available at the circuit during the lunch break although it is slightly more expensive than local petrol stations.

Accommodation

There is ample local accommodation with a choice of B&B and hotel chains.

Spectators

Spectators and guests are welcome, no animals other than assistance dogs are permitted.

Circuit specifics: Mallory Park Circuit, Kirkby Mallory

Address: Mallory Park Circuit, Church Road, Kirkby Mallory, Leicestershire, LE9 7QE

Telephone: 01455 502214

Getting here

Follow local brown circuit signage. On arrival, please follow signage to the circuit spectator entrance. What3Words *///door.gullible.years*

Follow the spectator access road downhill keeping the track and pits to your right. There is no access tunnel you need to cross the circuit the circuit. The crossing point for the paddock entrance is at What3Words *///transcribes.unfolds.competent* Park behind the race control tower alongside the toilet block.

Please note: We will be operating from inside the circuit and therefore, once our day commences, exiting the circuit is only available at lunchtime and at the end of the last session, except in exceptional circumstances.

Noise

Noise is a very sensitive local issue.

Strict 98dB(A) noise limit. Noise testing is in full operation prior to being allowed on the circuit and throughout the day by static monitoring points on track and in the village. Machines failing the test will be prevented from entering the circuit by track officials, IAM RoadSmart cannot refund your day if you present a machine for noise testing and fail. All questions on noise testing must be directed to Mallory Park Circuit direct and not to IAM RoadSmart.

Fuel

There is fuel to the west (2.1 miles) in Stapleton. Fuel is available at the circuit during the lunch break although it is slightly more expensive than local petrol stations.

Accommodation

There is ample local accommodation with a choice of B&B and hotel chains.

Spectators

Spectators and guests are welcome, no animals other than assistance dogs are permitted.

Circuit specifics: Croft Circuit, Dalton-on-Tees

Address: Croft Circuit, West Lane, Dalton-on-Tees, Darlington DL2 2PL

Telephone: 01325 721815

Getting here

Main gates open from 08:00. On arrival, drive towards the main building by the control tower where there is ample parking near the garages.

What3Words *///spearhead.producing.beast*

Noise

Noise is a very sensitive local issue. Noise testing is in full operation. Static limit 95dB(A) but there is also an average max of 70dB over any given hour. This is monitored at the circuit and remotely by the local authority. If it is exceeded, or is likely to be exceeded, the circuit is closed until the level has dropped. Machines failing the test will be prevented from entering the circuit by track officials, IAM RoadSmart cannot refund your day if you present a machine for noise testing and fail. All questions on noise testing must be directed to Croft Circuit direct and not to IAM RoadSmart.

Fuel

There is fuel at Toll Bar Garage, 2 miles south on the A167. Postcode DL6 2JA.

Accommodation

There is ample local accommodation with a choice of B&B and hotel chains.

Spectators

Spectators and guests are welcome, no animals other than assistance dogs are permitted.

Circuit specifics: Knockhill Racing Circuit

Address: Knockhill Racing Circuit, Saline, Dunfermline, KY12 9TF

Telephone: 01383 723337

Getting here

Knockhill racing circuit is located on the A823, for Sat Nav use postcode KY12 9TF. There is local tourist board signage to assist.

What3Words *///shippers.panting.nags*

Noise

Strict 98dB(A) noise limit. Noise testing may be in operation prior to being allowed on the circuit and throughout the day by static monitoring points on track. Machines failing the test may be prevented from entering the circuit by track officials, IAM RoadSmart cannot refund your day if you present a machine for noise testing and fail. All questions on noise testing must be directed to Knockhill Circuit direct and not to IAM RoadSmart.

Fuel

There are several fuel stations close by in Dunfermline. No fuel is available at the circuit.

Accommodation

There is ample local accommodation with a choice of B&B and hotel chains.

Spectators

Spectators and guests are welcome, no animals other than assistance dogs are permitted.

Final rider checklist

- Register immediately on arrival.
- Plan to arrive for the mandatory safety briefing.
- Plan to arrive having topped up with fuel close to the circuit.
- Check your motorcycle and kit the day before the event.