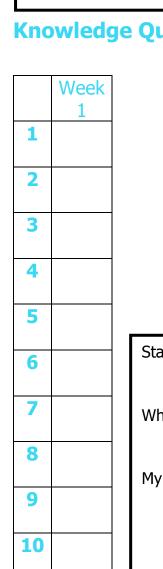
## Welcome – Day 1 Name\_\_\_\_\_

What do you want to learn/achieve?

I would like to:





## Pre-awareness Contempation Relapse Relapse Relapse Pre-awareness Contempation Relapse

Stage I am at:

What I am doing that puts me at this stage:

My next steps are:

## **Reported Traffic Casualties GB**

	Number of People			
Severity	All Casualties	Alcohol Related		
Killed				
Seriously Injured				
Slightly Injured				
Total				

What is the cost of each road death to our society?

What is the total cost of drink-related road deaths to our society?

Myths						
Sobering Up	Beat the Breathalyser					
Reality	_ Reality					

Impact of Drink-Driving	Law	Health			
List 4 things that have impacted	Section 4		1		
upon you the most		٢,	2 كر		
			3		
2	Section 5	4			
3			5		
4		0	6 7		
List 4 things that have impacted upon your family/friends	Section 6				
1			8		
2			Medium Term	Longor Torn	_
3	High Risk Offender			Longer Terr	<u> </u>
4		Head Brain			
Impacts on others:		Neck			
					_
	-	Organs			
Summary – 3 important reminders					
1					$\neg$

2

Other

Notes:

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## **Remember:**

Notes:			Unrealistic Optimism
			Downward Comparison
			Illusion of Control
			For next week:
Unrealistic Optimism	Downward Comparison	Illusion	