

POWDERY Check



Petrol (or other fuel)

Have you got enough petrol, diesel or battery for your journey?



Oil

Check you have the right amount of oil by using a dipstick or sight glass in the side of the engine casing. Be aware of the other sorts of oils/fluids to check: brake fluid/clutch fluid, most of which can be checked with a glance at the reservoir. Remember to keep the bike vertical when checking.



Water

This needs to be checked if you have a water-cooled engine. Again, the bike needs to be vertical. If you find that you're low on water, you'll need a mix of water and antifreeze.



Damage

Inspect for any damage – this could be on your bike, helmets or even your protective clothing.



Electrics

See if your lights and both the foot and hand brake light switches are working properly so that others on the road will know your intentions.



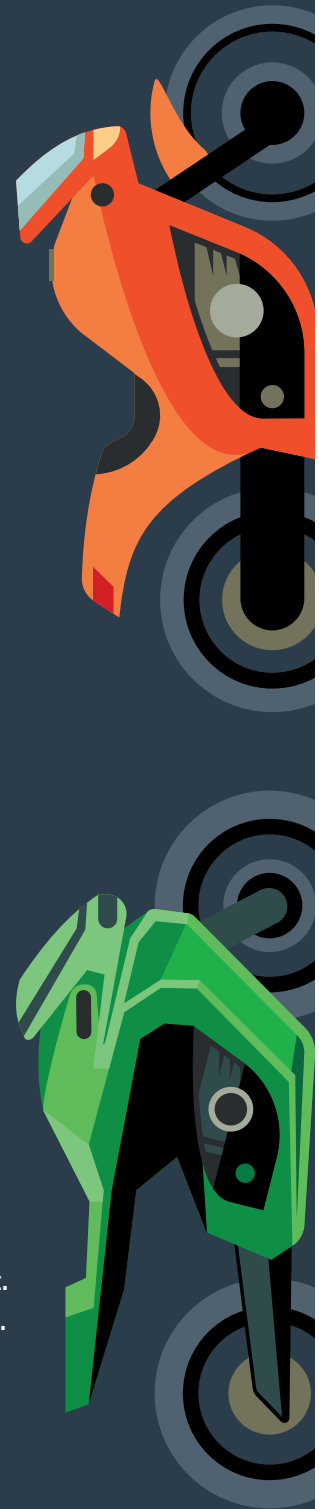
Rubber

Check your tyre pressure as well as the condition and tread depth. Remember to test this when your tyres are cold, as the reading will be higher when they're hot. The legal limit is 1mm across three-quarters of tyre and visible tread on the rest.



Yourself

Make sure you are fit to ride. Is your mental health okay? Were you drinking last night? Are you on any medication which might dull your reaction time?



This acronym is for the regular checks you should do before a long journey and at least every two to three weeks in between, to ensure you and your bike are fit for the road.

iam
RoadSmart